### Chapter-2

# Symptomatic Exam-1 Begins



# 05 - TEXTURE

Texture is the first Symptomatic Descriptive Feature (SD-Feature) of the Hands & Wrists skin that holds the key to knowledge of a persons natural refinement. Confine this examination to the back of the hand "Capillaries" is what hair grows out of, the bore or the pores. Large pores grow coarse hair and this defines coarse texture. Small pores are difficult to see



and define fine texture. This will help you confirm your examination of skin texture. Once you have compared your own texture with others, use your Texture as a comparison or standard to examine others.

### 005\_01 --> IS THE TEXTURE OF YOUR SKIN FINE?

Feel the back of the hand's skin does it feel fine and smooth with small pores growing fine hair difficult to see? The skin may also feel soft and delicate to the touch, like a baby's skin.

### 005\_02 --> IS THE TEXTURE OF YOUR SKIN COARSE?

Feel the back of the hand's skin does it feel rough and coarse having large pores growing coarse hair easy to see? The skin may also feel leather-like compared with soft, flexible skin.

#### 005\_03--> IS THE TEXTURE OF YOUR SKIN MEDIUM?

Does the back of the hand have medium pores growing medium hair? The skin doesn't show delicate pores like a baby's hand, nor is it coarse. The skin feels elastic, not soft; firm or hard.



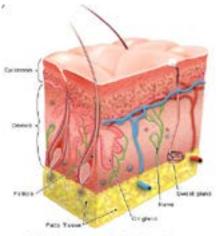


### **Tips & Notes** TEXTURE 05...

...must be understood before you start this examination. By comparing the hand to the book it then becomes 2nd nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

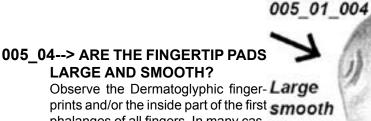
### TIP--> 005\_01 TO \_04

Please record any irregular SD-Features by doing either a physical, Visual, feel test, etc. using Q & A questionares. It must be present or obvious to be recorded. When in doubt leave out and continue on.



**005 Primary Skin Lesions** 

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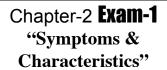
phalanges of all fingers. In many cases this pad of flesh will be quite prominent, having smooth fingerprints. **pads.** 

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### Tips & Notes

### CONSISTENCY 010...

...must be understood before you start this examination. By comparing the hand to the book it then becomes 2nd nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

### TIP: 010 01 TO 04

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Please record any irregular SD-Features by doing either a physical, Visual, feel test, etc. using Q & A questionares. It must be present or obvious to be recorded. When in doubt leave out and continue on.



# **10 - CONSISTENCY**

Consistency of the hands can tell how well someone's energies is directed. It can be determined by placing your thumb in the center of the palm, fingers on the back and thumb in the palm then press them together like pliers. As you repeatedly close your thumb and finger together you should be able to select one of the following consistencies explained below. The roughness or softness of the skin should be ignored.

As you close your thumb and finger together, the soft hand will not

have the boneless, flabby feeling, yet it will be soft. You will find

more difficulty among women in distinguishing the flabby hand from

the soft, for women's hands are naturally softer than men's. But by

observing the lack of bony feeling in the hand under pressure, and

following closely the description of the flabby hand, you will attain

a clear idea of how to distinguish between the two.

### 010 01--> ARE THE HANDS FLABBY?

010 02--> ARE THE HANDS SOFT?

010 03--> ARE THE HANDS ELASTIC?

As you close your

thumb and finger

together, the cen-

ter of the hand

should have the

feeling of elas-

tic resistance. It seems, when

pressed with the

tip of your thumb. the flesh rebounds

like rubber. It lacks

entirely the spongy

act. Turger test is ideal.

will be coarser in texture.

010 04--> ARE THE HANDS HARD?

As you close the thumb and finger together, the flabby hand offers no resistance to pressure. As you squeeze the hand firmly, the flesh and bones seem to squeeze together. Thumbs will also be seemingly guite flat, looking as though they have been pressed until the substance has gone out of them. People with flat thumbs usually have flabby hands.



Skin with decreased turgor

remains elevated after

being pulled up and

eleased



# **15 - FLEXIBILITY**

Flexibility of the hand shows the degree of flexibility of the mind. Flexibility is shown by how easily the hand bends backwards. As an example for yourself or others, start with the Active hand pointing up. Exert pressure downward with the other hand. Bend it as far backwards as possible. Repeat with the other hand. Notice whether the whole hand is flexible or whether the bending occurs only at the knuckle joints. Be careful of injured or arthritic hands.

### 015 01--> ARE THE HANDS STIFF AND DIFFICULT TO OPEN?

The hand which is stiff and difficult to open has fingers forming a curve inwards. A person with a stiff hand has difficulty closing the hand into a fist and then opening it. Movements are slower than those of an average person and the fingers will not straighten themselves out

#### 015 02--> ARE THE HANDS MEDIUM OR NORMAL?

When pressed backwards, these hands open readily until the fingers straighten themselves naturally, so that the hands open with ease to their full extent.

### 015 03--> DO THE HANDS FLEX IN THE EXTREME. **KNUCKLES?**

The fingers bend back at the knuckles with- only out giving pain, until a 90 degree angle is formed. The fingers seem mobile, the bones are like a cartilage.

### 015 04--> IS THERE FLEXIBILITY WITH THE **1ST OR 2ND PHALANGES?**

The 1st or 2nd phalanges of the fingers are flexible; the rest of the hand is normal.

### 015 01--> ARE BOTH HANDS FLEXIBLE?

Shows whether you are improving in mentality or going in the opposite direction.

ADD--> 015\_01\_001--> Is the Passive hand stiff and the Active hand flexible? Remember, the Passive hand is the 2nd Phalange

left hand, if you are right-handed.

ADD--> 015 01 002--> Is the Passive hand flexible and the Active hand stiff? Remember, the Passive hand is the left hand, if you are right-handed.

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quality of flabby or soft hands. You will find it best exemplified

among active men and women, those who not only talk but also

As you close your thumb and finger together, the hard hand will not

be encountered as often as soft or elastic hands because extreme

types are much rarer than might be thought. The hard hand will

give no sign of yielding under pressure; it will have no spring, no

elasticity, but a hardness that resists any effort to dent it. The skin

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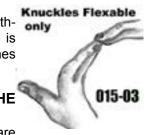
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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**

### FLEXILIBILITY 10...

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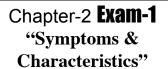
### TIP--> 015 01 TO 05

Please record any irregular SD-Features by doing either a physical, Visual, feel test, etc. using Q & A questionares. It must be present or obvious to be recorded. When in doubt leave out and continue on.

### TIP--> 015\_03 TO \_05

Do to stiffness it may be necessary for your client to execute their own test based on your show-and-tell instructions as seen in the image on the illustrations. If arthritis or any other physical impairment is present please ignore and continue with your next descriptive examination.







### Tips & Notes

### **COLOUR 020...**

...must be understood before you start this examination. By comparing the hand to the book it then becomes 2nd nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

### TIP: 020\_01 TO \_05

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Please record any irregular SD-Features by doing either a physical, Visual, feel test, etc. using Q & A questionares. It must be present or obvious to be recorded. When in doubt leave out and continue on.

Temperament and indications of health or diseases are shown by the color of the hands. The temperature of the room must be just right, say 70 degrees F., to correctly judge color. Anything that accelerates or retards the flow of blood will affect the color of the hand. When examining the hand for color, be guided largely by the palm, not the back of the hand, and look at the Palmography indentations and the nails as well. A combination of these factors can accurately determine the normal color of any hand.

20 - COLOR

#### 020 01--> IS THE COLOR DEAD WHITE?

Learn to recognize the watery, pallid look of a dead-white hand, the corpse-like whiteness that means a lack of heat, one which gives an impression of a lack of blood supply. This is not a white hand which is white only because of fineness. Any hand may have this pallid whiteness, which indicates a lack of red corpuscles in the blood. You can also use the nails as an indication of color. Nails give a clue to the predominant quality - coldness - of the white hand.

### 020\_02--> IS THE COLOR PINK?

As whiteness shows deficiency of blood supply, pink shows a normal amount of blood. Learn to recognize

Hand

the color of the nail well, because all hand colors can be judged from it.

#### 020 03--> IS THE COLOR RED?

Redness must be a clear, full red, not a pink or dark pink.

#### 020 04--> IS THE COLOR YELLOW?

Yellow can be caused by a vacation in a warm climate. The hand may be "bleached out." You can also use the nails to judge color.

#### 020 05--> IS THE COLOR BLUE OR PURPLE?

Two kinds of blueness must be distinguished, one which tinges the whole nail and the other which settles darkly at the base. Blueness or purpleness is usually caused by improper circulation of the blood. This is not necessarily a negative quality, however. It is useful to consider this blue color primarily from the health aspect; beyond showing physical weakness, poor circulation does not in any marked degree affect temperament.



Dead

White





# **23 - FINGERPRINTS**

Fingerprints are tremendously important, because they represent the most basic and unchangeable elements of our personalities. We can learn to modify these basic traits, but we can never get rid of them. Technically, the study of these fine ridges in the skin is called "dermatoglyphics." Ridge lines in the skin run all over the palms and soles.

023 Fingerprints





Arch (A)

Tented Arch (T)





Whorl (W)

Loop (U or R) 6 x 6.2 72dpi 023 01--> ARE ALL OR MOST OF THE FINGERPRINTS

# WHORL-TYPE?

- ADD--> 023 01 001--> Is the 1st fingerprint Concentric or Spiral whorl-type?
- ADD--> 023 01 002--> Is the 2nd fingerprint Concentric or Spiral whorl-type?
- ADD--> 023 01 003--> Is the 3rd fingerprint Concentric or Spiral whorl-type?
- ADD--> 023 01 004--> Is the 4th fingerprint Concentric or Spiral whorl-type?
- ADD--> 023 01 005--> Is the thumb print Concentric or Spiral whorl-type?
- ADD--> .023 01 006--> Are the 1st fingerprint & thumb whorl-type?
- ADD--> 023 01 007--> Are the 3rd & 4th fingerprints whorltype?

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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**

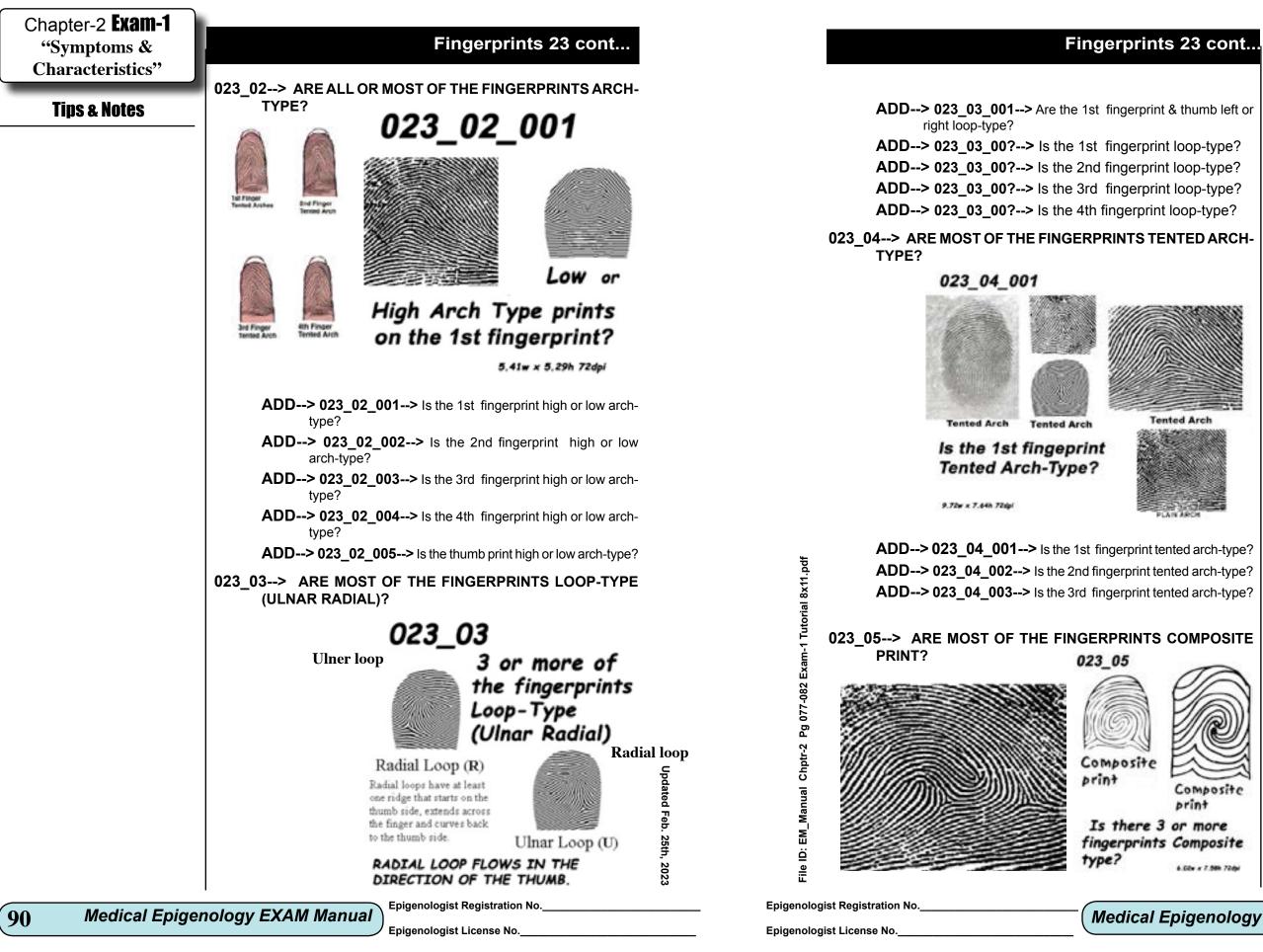
### **FINGERPRINTS 23...**

...must be understood before you start this examination. By comparing the hand to the book it then becomes 2nd nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

### TIP--> 023-1 TO 6

Please record any irregular SD-Features by doing either a physical. Visual, feel test, etc. using Q & A questionares. It must be present or obvious to be recorded. When in doubt leave out and continue on.





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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**



### **Tips & Notes**

#### TIP--> 023 06

Examine individual fingerprints separately as it is very rare for anyone to have all fingers Peacock's eye fingerprints.

# Fingerprints 23 cont...

ADD--> 023\_05\_001--> Is the 1st fingerprint composite print? ADD--> 023\_05\_002--> Is the 2nd fingerprint composite print? ADD--> 023 05 003--> Is the 3rd fingerprint composite print? ADD--> 023 05 005--> Is the thumb composite print?

#### 023 06--> ARE MOST OF THE FINGERPRINTS SHOWING PEACOCK'S EYE PRINT?





Are there 3 or more Peacock's eye fingerprints?

6.11+ x 7.618 72m

ADD--> 023\_06\_001--> 1st fingerprint, peacock's eye print. ADD--> 023 06 002--> 2nd fingerprint, peacock's eve print. ADD--> 023 06 003--> fingerprint, peacock's eye print. ADD--> 023 06 004--> fingerprint, peacock's eye print.





The nails are like windows which allow you to look into the interior organization. Nails show quality, just like skin. The nails are composed of minute, hair-like fibers. The fibers are so tightly knit together that they adhere to each other and form a Cuticle compact, horn-like substance. The part which lies under the nails is called the quick. The nails on the right hand grow faster on right-handed people. Left-hand nails grow faster on lefties. Nails also grow faster in summer and faster during the day than at night. Nails protect deli-



The horn of the nail should be even and smooth on the surface. The grain, which runs from top to base, should be smooth, not ridged or fluted. 2023 Nail texture is smooth if all the filaments forming the nail substance are

Updated Fet

ADD--> 025 05 001--> Horizontal grooves on 1st fingernail only.

nail only.

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#### larger, then grow together and finally cover the whole nail, taking away transparency and clearness.

### 025 04--> DO THE NAILS GROW UPON THEMSELVES?

The nail has been bitten down into the quick, the oil dried out, and the filaments, instead of binding themselves together in a homogeneous mass, are piling on top of each other in progression.

# 025 05--> DO THE NAILS HAVE HORIZONTAL GROOVES? Exam-1 Tutorial

In reference to an erect fingernail. The nails have horizontal grooves or ridges (dips) that cross the nail horizontally.



- ADD--> 025 05 002--> Horizontal grooves on 2nd fingernail only. ADD--> 025 05 003--> Horizontal grooves on 3rd finger-
  - ADD--> 025 05 004--> Horizontal grooves on 4th fingernail only.

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elastic.

TEXTURE)

consistency.

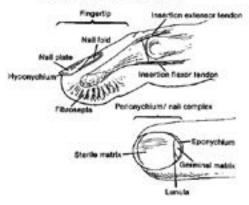


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**NAILS 25...** 

..must be understood before you start your examination. By comparing the hand to the book becomes second nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

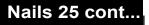
#### FINGERTIP AND NAIL COMPLEX



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cate fingertip nerve fibers.



the same size, while fluted nails occur when fibers of different sizes grow together. Normal nails will be pliable, not brittle, and will look alive and

The pencil icon defines supplementary Descriptions. 025 01--> (RECORD TO LEARN ABOUT NAIL

025 02--> DO YOU HAVE COARSE NAILS (BUMPY) AND FINE SKIN? In some hands the skin texture is fine while the nails tend to coarseness. The coarse nail may be a short, heavy nail, belonging more often to large hands with coarse skin and hard or at least elastic

#### 025 03--> DOES 1 NAIL OR ALL HAVE FLUTED OR WHITE SPOTS?



### Chapter-2 Exam-1 **"Symptoms &** Characteristics"

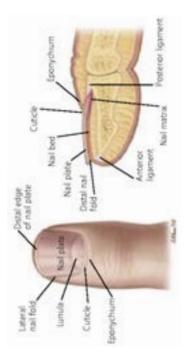
### **Tips & Notes**

### Note:

When measuring for nail length. Do not include the extended part of the nail beyond the flesh.

### TIP:--> 025-01 TO 04

Please record any irregular SEDH Features by doing either a physical, test, answer questionares or visual testing. It must be present or obvious to be recorded. When in doubt leave out and continue on.





Tips & Notes

### Nails 025 cont...

ADD--> 025 05 005--> Horizontal grooves on Thumb nail only.

### 025 06 --> IS THE NAIL NEWLY GROWN?

One nail died and another has grown to replace it.

#### 025 07 A --> IS THE NEW NAIL BADLY FLUTED?

If the new nail is badly fluted, a problem is indicated. It takes approximately six months to grow a new nail. A badly fluted nail has had its vitality interrupted ..



### 025 07 B --> COVID-19 NAILS?

Because of Coronavirus it does affect the fingermails. Select this number if the nails appears as seen here.



### **Nail LENGTH Begins**

### NAIL LENGTH BEGINS

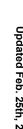
Write a TIP: 025-08 TO \_13





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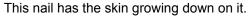
### The broad nail is sometimes red in color. WIDE NAIL Not much flesh on the sides of the nail

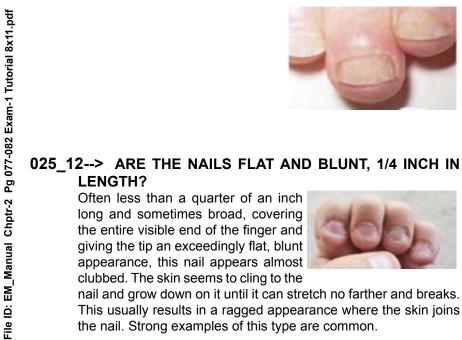
025 09--> ARE THE NAILS BROAD?

NORMAL LENGTH Half of the size of the top phalange.

### 025\_10--> ARE THE NAILS SHORT?

025 11--> ARE THE NAILS EXTREMELY SHORT AND FLAT?

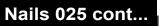




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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**



### Tips & Notes

**BLUE NAIL BEGINS** 

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Write a TIP: 025-14 TO 15

### Nails 025 cont..

#### 025 13--> DO THE NAILS APPEAR OPEN AND FRANK?

These are nails that are broad at the tip, curving around the fingers, broadening at the base, pink in color, and fine in texture. They are a broad, open-looking nail type.



Add---> 025 13 001--> With 005\_01 Fine Texture pink in colour

### BLUE or Purple Nails Begin

#### 025 14--> ARE THE NAILS BLUE?

Small in size though regular in form, with the end quite square

and tapering towards the base, or with the base the same width as the outer end, this nail is often found on long fingers or large hands, though it may be found on small hands. It is quite dis-



tinctive in appearance and is easily recognized. The nail is a small one, though it does not have the appearance of a critical nail, nor is it like the narrow nail. A short nail, yet well-proportioned.

#### 025 15--> ARE THE NAILS TINGED WITH A FAINT BLUE?

A deep blue color is often found with this nail, which is most pro-

nounced at the base. Be careful to note the age of females with blue-colored nails. There is some disturbance of circulation at age 12 to 14, at which time child-



hood is giving way to womanhood. This ceases when menstruation becomes regular. Blueness is also found at change-of-life.

Jpdated Feb 25th, 2023

### **NAIL TYPE Begins**

#### 025 16--> ARE THE NAILS BULBOUS?

The end of the finger thickens on the underside until it forms a distinct bulb or pad, which is sometimes as round as a marble. Over this bulbous tip the nail is curved, creating a complete clubbed, blunt end, the top curved with the nail, the underside fleshy. This formation makes the end of the finger a

complete knot; the appearance is most striking.

#### 025 17--> ARE THE NAILS LARGE?

Viewing the fingernail sideway shows a decided inclination to curve. This nail can be found on any-shaped tip — it is the large curve alone that distinguishes it.

#### 025 18--> RECORD IF NAILS ARE CLUBBED?

The nail has an exaggerated upward curve and curls around the fingertip. Could indicate: Lung, Cardiovascular, Liver Inflammatory Bowel Diseases. Maybe HIV Infections

### RECORD IF NAILS ARE ARE FLAT?--> 025 18 001 Nails

are FLAT?



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### Nails 025 cont..











Chapter-2 Exam-1 **"Symptoms &** Characteristics"

# **Tips & Notes** NAIL TYPE BEGINS

When measuring for nail length. Do not include the extended part of the nail beyond the flesh.

### TIP--> 025-16 TO 20

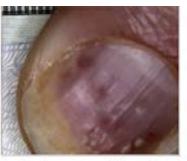
Please record any irregular SEDH Features by doing either a physical, test, answer questionares or visual testing. It must be present or obvious to be recorded. When in doubt leave out and continue on.





### Nails 025 cont..

ADD-->025 18 002 Are the nails thick?



ADD-->025\_18\_003 Are the nails thin?

Thick nail plate

ADD--> 025\_18\_004 Are the nails smooth?



### 025\_19--> ARE THEY SPOON SHAPE NAILS?

The nail is depressed and appears to be flat or spoon-like. Could indicate Severe Iron Deficiency Anemia, Repeated Exposuer to Cjemicals

ADD-->



025\_19\_001 Do the nails normal then curves downward at the tip?

025 20--> ARE THE NAILS DEPRESSED AND/OR HAVE BEAU'S

LINES ON THEM? Nails are depressed and can also have horizontal furrows across them. Cpuld indicate Peripheral vascular deisease, Diabetes Zinc Deficiency.

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### WHITE Nails Begin

#### 025 21--> ARE THEY NAILS WHITE?

White nails are commonly known as Terry's nail with most of the skin under the nail appears white along with normal pink area reduced to a band near the nail tip.



ADD--> 025\_21\_001 Are the nails pale white whith no luster?

ADD--> 025\_21\_001 Are the nail-tips frayed splitting, psoriasis?

#### 025 22--> ARE THE NAILS HALF WHITE AND BROWN?

Known as Lindsay's nails. The half near the nail tip appears pink or brown while the half near the cuticle looks white. Also

known as half-and-half nails.

### **YELLOW Nails Here**

025 23--> ARE THE NAILS YELLOW IN APPEARANCE?

The Yellow-rnail syndrome indicates slow growth; the nails become thick and very hard, and appear yellow or yellow-green.





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**Tips & Notes** 

Chapter-2 Exam-1

**"Symptoms &** 

Characteristics"







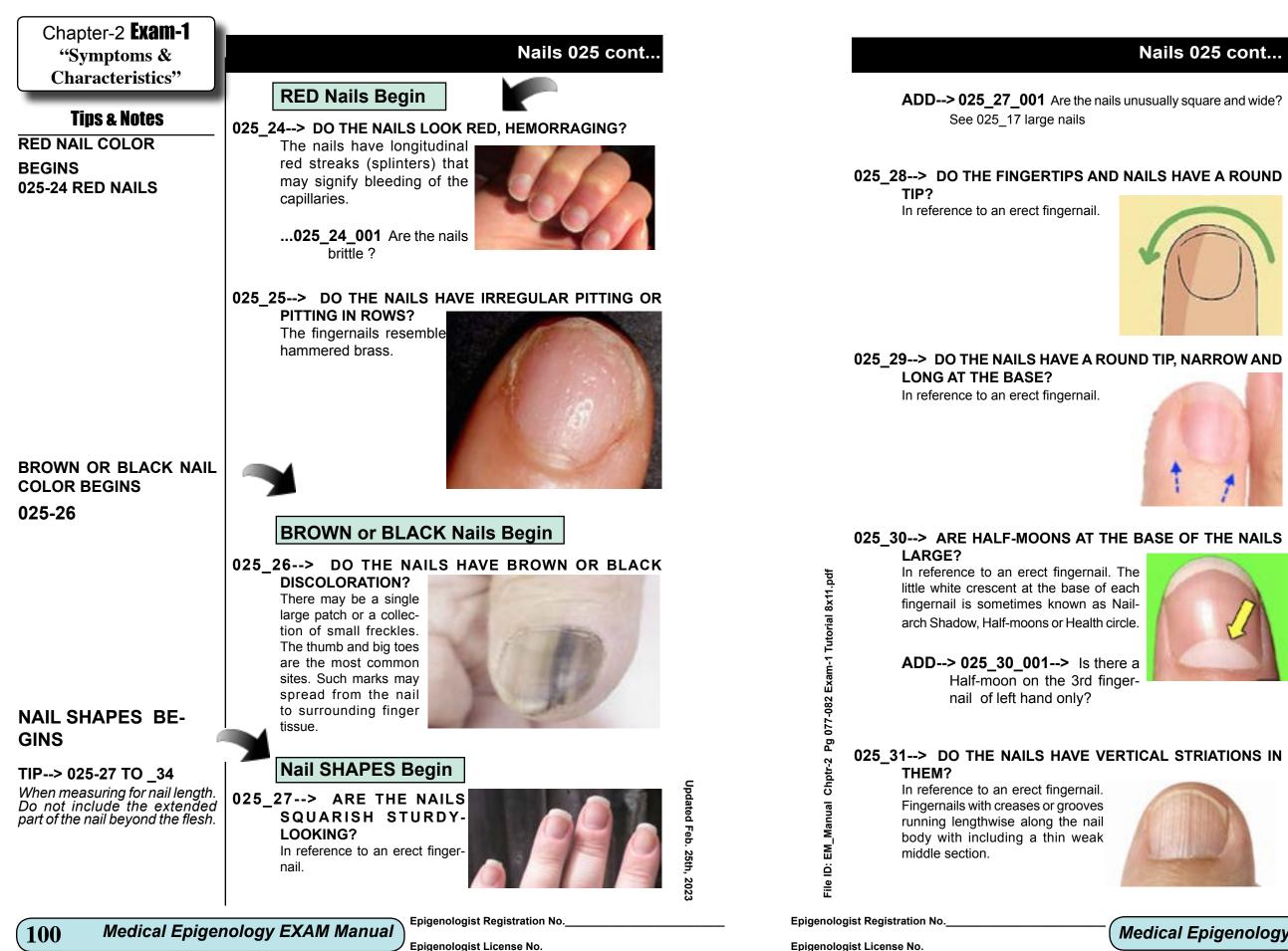


Chapter-2 Exam-1 **"Symptoms &** Characteristics"

**Tips & Notes** WHITE NAIL COLOR BEGINS 025-21 WHITE NAILS

### YELLOW NAIL COLOR BEGINS 025-23 YELLOW NAILS





Medical Epigenology EXAM Manual

Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**



Tips & Notes

### Nails 025 cont...

### 025 32--> DO THE NAILS HAVE PINHOLES IN THEM?



### 025 33--> DO THE NAILS HAVE SPOON-LIKE BULGES?

In reference to looking at the fingernail. sideway.

ADD--> 025 33 001--> Is there a dumbbell shape on the left 3rd fingernail, red-purplish in color?



### TIP-->025-34 HALF MOONS

When measuring for nail length. Do not include the extended part of the nail beyond the flesh. Please note and record (025-33) if half moons don't exists.



### HAIR 30...

..must be understood before you start your examination. By comparing the hand to the book becomes second nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

### TIP--> 030\_01 TO \_07

Please record any irregular SD-Features by doing either a physical, test, answer questionares or visual testing. It must be present or obvious to be recorded. When in doubt

leave out and continue on.

#### 025 34--> ARE THE HALF-MOONS AT THE NAIL BASE **DISAPPEARING?**

In reference to an erect fingernail. The little white crescent at the base of each fingernail is sometimes known as Nail-arch Shadow, Half-moons or Health circle.



The hair on the hand tells how hardy we are. Hair shows strength. Hu-

30 - HAIR

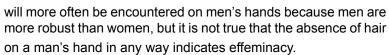
mans do not usually have hairy bodies unless they belong to a certain type and have certain qualities. Hair on the back of the hands deserves attention, its fineness or coarseness indicating physical vitality.



030 01--> IS THERE NO HAIR ON THE BACK OF THE HANDS? Most hands will have little hair, especially the hands of women. Hair

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### 030 02--> IS THE HAIR BLOND OR LIGHT?

Blond hair belongs to the Swede and Norwegian, particularly when the hair is yellow or straw-colored.

#### 030 03--> IS THE HAIR BLACK?

Black hair belongs to the Latin and Oriental races. They have lots of vital energy and strength. The iron in them is abundant but is not needed to sustain and feed their vital fires.

#### 030 04--> IS THE HAIR WHITE?

White hair is caused by the level of iron falling far below normal so that not enough is absorbed by the hair sacs to give even a blond color. There are isolated cases where the hair has turned white from fright or from many headaches.

#### 030 05--> IS THE HAIR GRAY?

When grey hair is present, look at the skin on the back of the hand to see if it has the wrinkled, satiny-brown color of an old hand. If the skin is aged, merely conclude that this is the cause of the gray color. Also, look at the color of the ends of the hair. If they are black or red and the texture of the skin is youthful, then the hair is not really grey. The hand may be flat and flabby, much rayed and creased.

#### 030 06--> IS THE HAIR RED?

Red hair must be as prominent as the color red. When examining red hair, look for fineness or coarseness. Coarse hair is a sign of great inflammability.

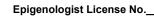
### 030 07--> IS THE HAIR AUBURN OR BROWN?

What is called auburn hair and is much praised and admired is a combination of the warmth and passion of black hair with a shade of added fire from the red, a combination which tinges the hair with a golden glow.



The hand as a whole reveals the mind as either being intellectual or driven by simpler instincts. The best method of proceeding with this examination is to lay the two hands wide open before you with the palms up and the fingers straightened out to their natural length. If the hand is a flexible one, do not allow it to bend back, showing its flexibility, but extend the fingers in a natural manner until they are held straight. This gives a full view of the palm. First, note if the fingers are long enough to balance the palm, if they are shorter than the palm, or if they seem to be too long. If you cannot tell at a glance which part predominates, the hand is balanced.

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### Hair 030 cont..

### Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**

### **035 HAND AS A** WHOLE...

..must be understood before you start your examination. By comparing the hand to the book becomes second nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

### TIP--> 035-01 TO 08

Please record any irregular SD Features by doing either a physical, test, answer questionares or visual testing. It must be present or obvious to be recorded. When in doubt leave out and continue on...



### **Tips & Notes**

Start your examination. by comparing the hand to the book becomes second nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test ...

### TIP--> 035-\_03 TO 04, 6, 07 OR 08

If two portions of the hand are the same in length then assume the other portion is out of balance.

104

### Hand As A Whole 35 cont...

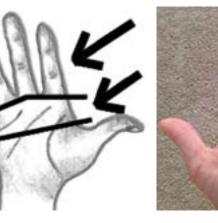
#### 035 01--> ARE THE FINGERS EXCESSIVELY LONG?

Close the fingers over the palm and note how far towards the wrist they reach. The 1st finger will be shortest; the 2nd, even though the longest finger, next; and the 3rd, by virtue of its position, will appear the longest of all. This is because they arrange themselves over the "G" Mount. It is generally believed that the fingers closing in this way should reach the wrist or be as long as the palm, but this is seldom the case because of



the prominence of the Mounts. When the fingers extend between a little below the center of the "G" Mount and the creases on the wrist, class the fingers as long.

#### 035 02--> IS THE MIDDLE OF YOUR HAND PROPORTIONATELY LARGER



035 03--> IS THE BASE OF YOUR HAND **PROPORTIONATELY LARGER?** 



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### 035 04--> IS THE HAND BALANCED?



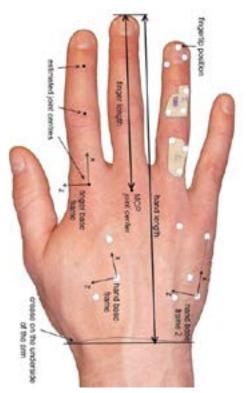
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# Hand As A Whole 35 cont...

Chapter-2 Exam-1 **"Symptoms &** Characteristics"

# **Tips & Notes**



### 040 - FINGER LENGTH, SPACES & PHALANGES...

..must be understood before you start your examination. By comparing the hand to the book becomes second nature via repetitious examination. Eventually it won't be necessary to read and / or execute every test.

### TIP--> 040 01 to 28

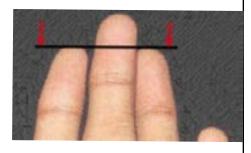
Please record any irregular SD-Features by doing either a physical, test, answer questionares or visual testing. It must be present or obvious to be recorded. When in doubt leave out and continue on ..



### **Tips & Notes**

### TIP--> 040 01 to 08

Finger length can have two different sources. How the finger sits at the base (knuckle area) and/or the actual length of the finger. If the finger sits high but the length is normal the finger must be considered as being normal. When in doubt leave out and continue on.

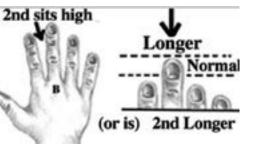


**RING AND 1ST FINGER** EQUAL LENGTH

### Hand As A Whole 35 cont...

#### 040 02--> IS THE 2ND FINGER LONGER OR DOES IT SIT HIGH?

A normal 2nd fingerwill tower above the others. Only if it is half a Phalange longer than normal is it a long 2nd finger. Also, the 2nd finger may appear long because of the way it sits on the hand. A finger longer than this is a high 2nd finger.



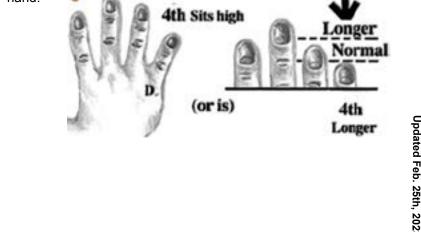
#### 040 03--> IS THE 3RD FINGER LONGER OR DOES IT SIT HIGH?

A normal 3rd finger will reach the middle of the first Phalange of the 2nd finger. A finger longer than this should be classed as a long 3rd finger. Also, the 3rd finger may appear long because of the way it sits on the hand.



#### **040 04-->** IS THE 4TH FINGER LONGER OR DOES IT SIT HIGH? A normal 4th finger should reach the first knot on the 3rd finger. If longer than this, the finger should be classed as a long 4th finger.

Usually, the 4th finger appears shorter than the other fingers. Also, the 4th finger may appear long because of the way it sits on the hand.



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# Finger Length, Spaces & Phalanges 40 cont...

**SHORT Fingers Begin** 

### 040 05--> IS THE 1ST FINGER SHORTER OR DOES IT SIT LOW?

A normal 1st finger should reach the middle of the first Phalange

of the 2nd finger. If it does not. then it is classed as being short. Also, the 1st finger may appear short because of the way it sits on the hand.



### 040 06--> IS THE 2ND FINGER SHORTER OR DOES IT SIT LOW?

A normal 2nd finger should always tower above the others, but only by half a Phalange. If not, then it is a short finger. Also, the 2nd finger may appear short because of the way it sits on the hand.

Exam-1 Tutorial 8x11.pdf 040 07--> IS THE 3RD FINGER SHORTER OR DOES IT SIT LOW? A normal 3rd finger should reach the middle of the first Phalange of the 2nd finger. Also, the 3rd finger may appear short because of the way it sits on the EM\_Manual Chptr-2 Pg 077-082 hand. **3rd Sits short** 3rd Lower ë File

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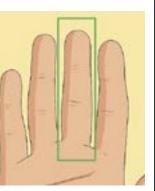
Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**

### SHORT FINGERS BEGINS

Finger length can have two different sources. How the finger sits at the base (knuckle area) and/or the actual length of the finger. If the finger sits low but the length is normal the finger must be considered as being normal.

### Write a TIP: 040 06 to 08







### **Tips & Notes**



#### **040 FINGER SPACING** BEGINS

It is very important in this examination that the fingers be held naturally.

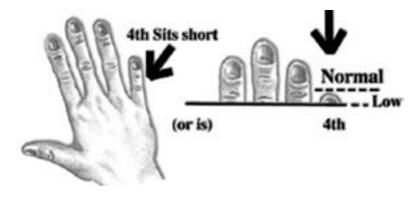
### Write a TIP: 040\_09 to 15



Finger Length, Spaces & Phalanges 40 cont...

LOW?

A normal 4th finger should reach the first Phalange on the 3rd finger. Also, the 4th finger may appear short because of the way it sits on the hand.



It is very important in this examination that the fingers be held

naturally. Any strained position could defeat the analysis. Place

the hand in a perfectly natural manner on a piece of white paper

as though to draw an outline. This should be done several times in succession to space the fingers naturally. Another method is to

extend the arm and bend the hand back at the wrist, so as to look

It is best if the hands have normally placed fingers that are set

Human digital formula: 3D > 4D > 2D > 1D > 5D

13 D3 = Finger length [FL]

Palm breadth

measured at distal end metacarpals [PB]

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2D:4D = digit ratio

at the nails. This shows finger spaces quite accurately.

040\_09--> ARE THE FINGER SETTINGS NORMAL?

Hand length

[HL]

evenly on the

Palm of right hand

palm.

**Finger SPACING Begins** 

CHECK FOR LARGE SPACES BETWEEN THE FINGERS.

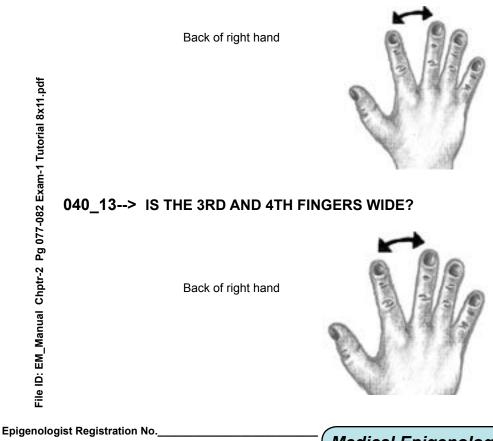
### Finger Length, Spaces & Phalanges 40 cont...

040 10--> IS THE THUMB AND 1ST FINGER WIDE?



040\_11--> IS THE 1ST AND 2ND FINGERS WIDE?

# 040\_12--> IS THE 2ND AND 3RD FINGERS WIDE?



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Palm length [PL]

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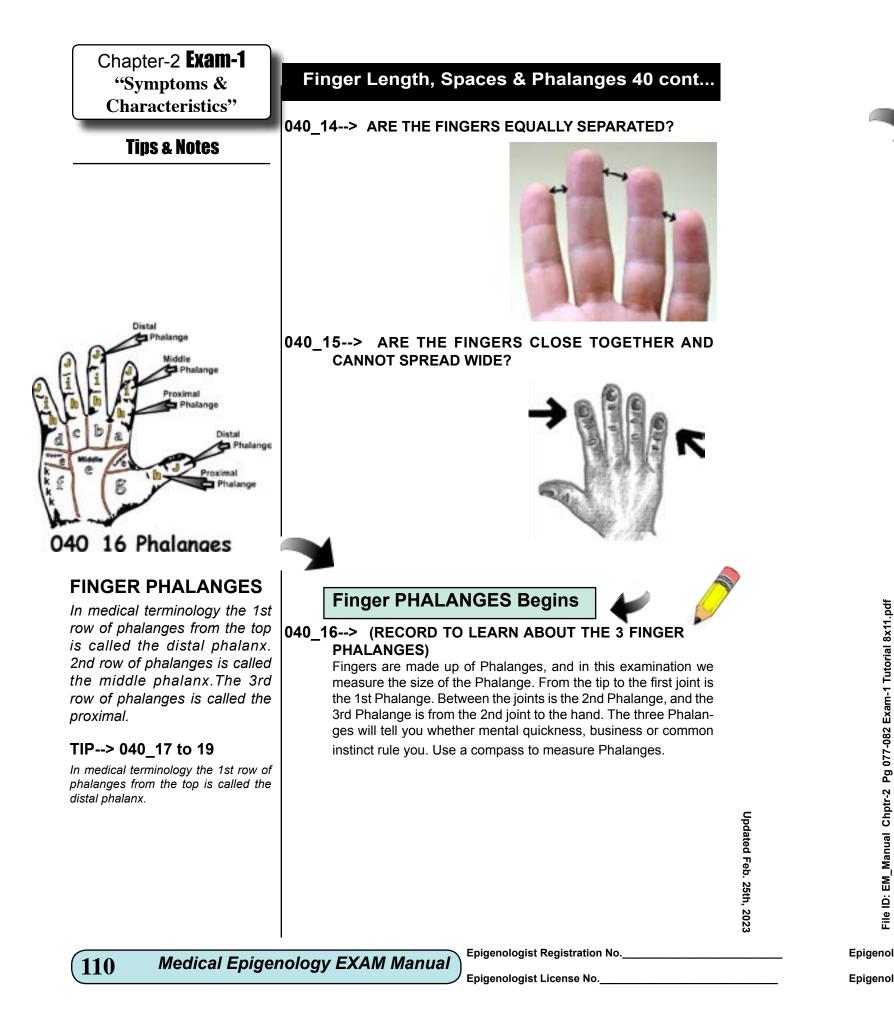




Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**





Palm of right hand 040 18--> ARE ALL THE 1ST PHALANGES THICK AND LONG? Use the same principle as 40=16. 040 19--> ARE ALL THE 1ST PHALANGES SHORT? Use the same principle as 40=16. Palm of right hand TIP--> 040 20 040\_20--> ARE THE 1ST PHALANGES EXCESSIVELY SQUARE? 3 Square **Epigenologist Registration No** Medical Epigenology EXAM Manual Epigenologist License No.

### Finger Length, Spaces & Phalanges 40 cont...



**1st Finger PHALANGES Begin** 

as 040\_16.





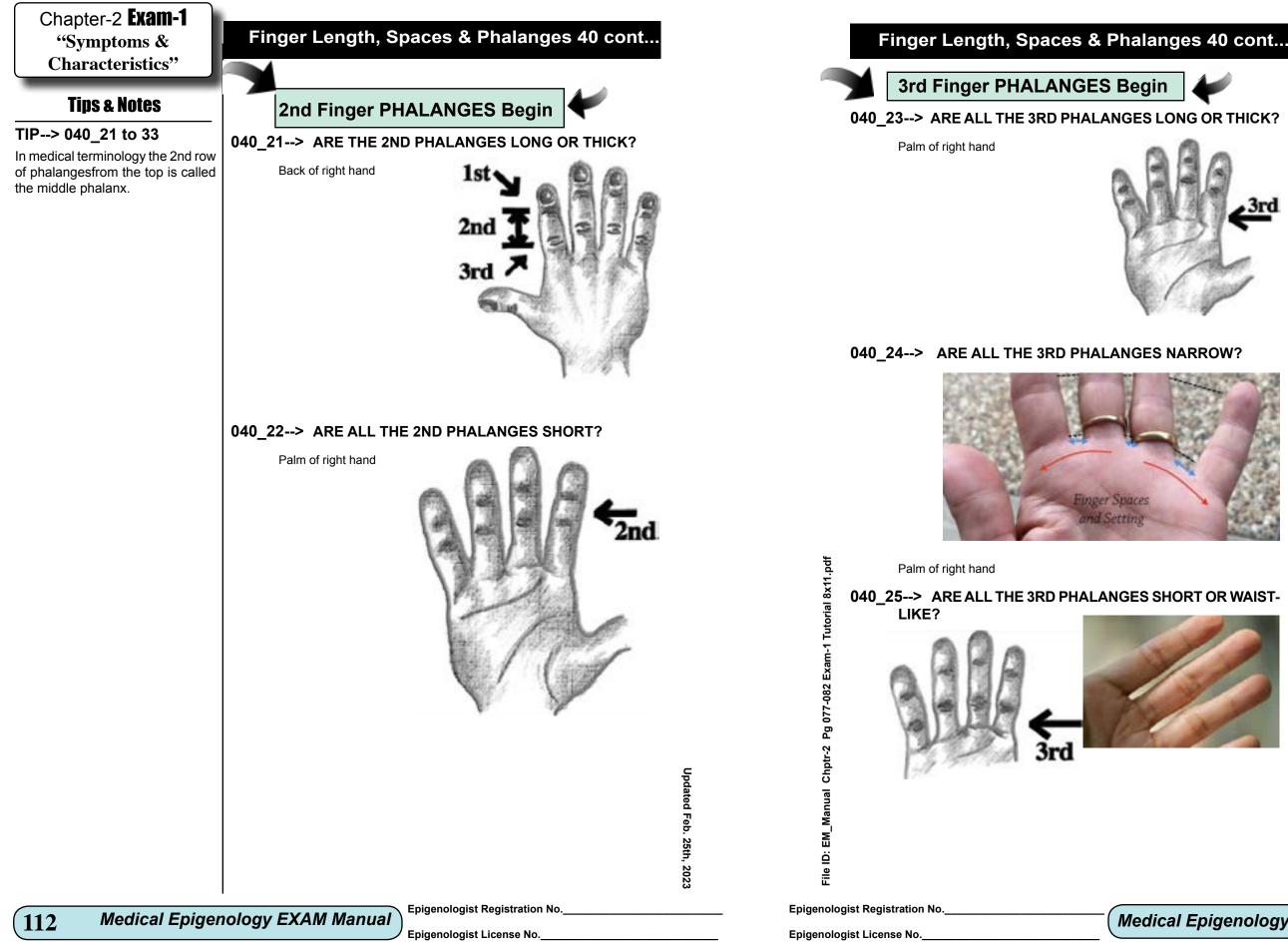
### Chapter-2 Exam-1 **"Symptoms &** Characteristics"

# **Tips & Notes**

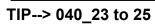
If you have already recorded Description number 25 27 then you might consider recording Decriptive Feature number 40 20







# **Tips & Notes**



In medical terminology the 3rd row of phalanges from the top is called the proximal phalanxes.



### Chapter-2 Exam-1 **"Symptoms &**

**Characteristics**"

### **Tips & Notes**

TIP--> 040 26 to 28

Supplementary da

### TIP--> 040 28

Wide chinks are known as the Rascettes, and can be found under Description number 155.

### 045 FINGERTIPS...

...must be understood before you start your analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test..As you have them on all the fingers it may restrict in some way or the other. The top section is cut could create problems in the mental stimulation part. If the middle section is cut then practical and physical stimulation it would restrict it. If the lower portion is cut into half then it would restrict that particular portion of your life that this particular figure represents. Example first finger has been cut then, administration religion politics and so forh would not be able to use this particular aspect of your life and it might not benefit you.

### TIP--> 045\_01 to 06

Please record any irregular descriptive features by doing either a physical or visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.

### Finger Length, Spaces & Phalanges 40 cont...

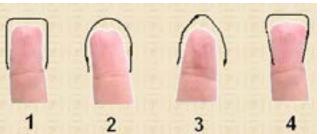
040 26--> ARE THE 1ST PHALANGES SHORT, 2ND NORMAL, **3RD THICK?** 

- 040 27--> ARE THE 1ST PHALANGES SHORT, 2ND NORMAL, **3RD MODERATE?**
- 040 28--> ARE THE CHINKS AT THE WRIST WIDE WITH LONG FINGERS? CHINKS ARE THE INDENTATIONS AT THE WRIST.



Fingertips show what kind of a machine people are, whether there is water in the boiler and fire to turn it into steam. They show also whether the machine is acting in its intended fashion. Fingertips can

be spatulate. square, conic or pointed and all refer to appearance. You must consider only the shape of the tips of the fingers and not the whole hand.



### 045 01--> ARE ALL THE TIPS SPATULATE?

The spatulate is the broadest tip, named because of its resemblance to a druggist's spatula.

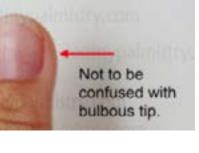
045 01 000 01

...if 010\_02

recorded

earlier.

(Soft hands)



045 02--> ARE ALL THE TIPS SQUARE? The square tip is distinctly square.

Back of right hand



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### Finger Length, Spaces & Phalanges 40 cont...

045 03--> ARE ALL VERY SQUARE?

#### 045 04--> ARE THEY ALL A LITTLE CONIC?

ADD 045\_05\_000\_01

...if 010\_02 (Soft hands) recorded earlier.

### 045 05--> ARE THEY ALL CONIC?

This is found mostly on women's hands, though it is possessed by many men. The tip forms a distinct cone at the end of the fingers and has many degrees of development.

Back of right hand



# **1ST PHALANGE 045 06-->** ARE ALL THE FINGERS POINTED?

Pointed tips are an exaggerated form of the conic. Their appearance is so striking that, once seen, the type is never mistaken for any other. They have a long, narrow, extremely pointed look. The finger narrows from the base to the tip.

Palm of right hand



045 07--> FINGERTIPS AND THEIR 1ST PHALANGES. There is a variety of effects which the Phalanges and fingertips

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25th

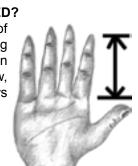
202











Chapter-2 Exam-1 **"Symptoms &** Characteristics"

# **Tips & Notes**

TIP--> 045\_07

SUPPLEMENTARY DATA



### **Tips & Notes**

have in conjunction with each other. Look back to see if you have

have, record the corresponding Genetic Description numbers. ADD--> 045 07 001--> with 40-17 and 45=5 (1st Phalange long and conic tips)

circled the items listed in the following "with" statements. If you

Fingertips 45 cont...

- ADD--> 045 07 002--> with 40-17 and 45=2 (1st Phalange long and square tips)
- ADD--> 045 07 002--> with 40-17 and 45=1 (1st Phalange long and spatulate tips)
- ADD--> 045 07 004--> with 40-21 and 45=5 (2nd Phalange long and conic tips)
- ADD--> 045 07 005--> with 40-21 and 45=2 (2nd Phalange long and square tips)
- ADD--> 045 07 006--> with 40-21 and 45=1 (2nd Phalange long and spatulate tips)

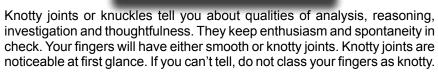
ALSO--> 045 07 006+7 with 40-23 and 45=5 (3rd Phalange long and conic tips)

ALSO--> 045 07 008--> with 40-23 and 45=2 (3rd Phalange long and square tips)

ALSO--> 045 07 009--> with 40-23 and 45=1 (3rd Phalange long and spatulate tips)

- ADD--> 025 21 001 Are the nails pale white whith no luster?
- ADD--> 025 21 001 Are the nail-tips frayed splitting, psoriasis.





050\_01--> ARE ALL THE JOINTS LARGE? Back of right hand



050 01 000 01 ...IF 045\_01

ADD

(Spatulate finger tips) or 045\_02 (Square finger tips) recorded earlier.

25th,

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### **050 02-->** ARE ALL OF THE 1ST JOINTS LARGE?

Back of right hand



### 050\_03--> ARE ALL OF THE 2ND JOINTS LARGE?





Smooth fingers indicate quickness of thought, inspiration, impulsiveness and spontaneity. Many hands have fingers which are distinctly smooth in appearance. These may have any shape of tip. It is only the absence of developed joints which leads you to recognize them.

055\_01--> ARE ALL THE FINGERS SMOOTH?



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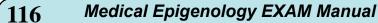
File

# 050 KNOTTY FINGERS...

...must be understood before you start the analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test.

### TIP--> 050 01 to 03

Please record any irregular descriptive features by doing either a physical or visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.



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### Knotty Fingers 45 cont...







Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**

### 055 SMOOTH FINGERS...

...must be understood before you start your analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test.

### TIP--> 055 01

Please record only if the fingers appear smooth. You cannot record 055\_01 if you have already recorded 045 01.





#### 060 LONG FINGERS... It

must be understood before vou start your analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test.

### TIP--> 060 01 to 06

TIP--> 060\_01 TO 06

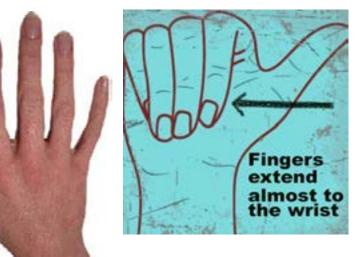
Please record any irregular descriptive features by doing either a physical or visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.



### **60 - LONG FINGERS**

Long fingers reveal an irresistible tendency towards detail, towards observing little and trifling things, and a tinge of suspicion. If the shape of the fingers bears this tendency out it may indicate selfishness and hypocrisy. When looking at your hand, fingers will appear to be long, in balance with the rest of the hand, or decidedly short. This examination requires closing the fingers over the palm and noting how far they reach towards the wrist. The 1st finger will be the shortest, the 2nd and 4th fingers will be even, and the 3rd finger, by virtue of its position, will appear to be the longest of all. This is due to the way the fingers arrange themselves over the Mount under the thumb. When the measurement taken extends anywhere between a little below the center of the thumb Mount and the Rascette at the wrist, class the fingers as long. See long fingers illustration on next page.

#### 060 01--> ARE THE FINGERS LONG?



#### 060 02--> IS THE HAND LONG?

Long hands are those in which both the palm and the fingers are exceedingly long, though the fingers themselves may be only slightly over normal length in proportion to the palm.

Palm of right hand



Updated Feb. . 25th,

#### 060\_03--> ARE THE FINGERS LONG AND THIN?

Supplementary data



#### 060\_04--> ARE THE "C" AND "G" MOUNTS MORE DEFICIENT THAN THE OTHERS? Go to Description numbers 085\_17 and 085\_21.



LONG AND THICK?

060 06--> ARE THE FINGERS

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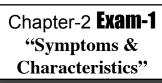
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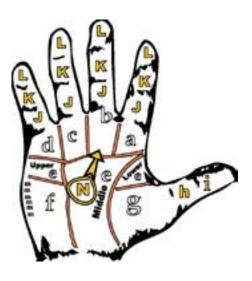
### Long Fingers 60 cont..

060 05--> IS THE "F" MOUNT LARGER THAN THE OTHERS? Go to Description number 085\_06.



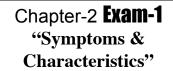
# **Tips & Notes**

### TIP--> 060 04 TO 05













### Tips & Notes

### 065 01--> ARE THE FINGERS SHORT

Short fingers reveals how one handles detail, guickness of thought and action. The test for long fingers is also used for short fingers (see Description 60). Short fingers will barely reach the center of the "G" Mount and will appear short in proportion to the rest of the hand. The palm may be long and the fingers short. In this case, they will be far short of the normal line.

Palm of right hand

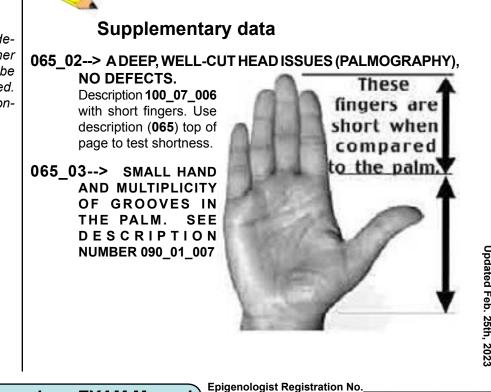


### TIP--> 065 SHORT FIN-GERS...

...must be understood before you start your analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test.

### TIP--> 065 01 to 03

Please record any irregular descriptive features by doing either a physical or visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.



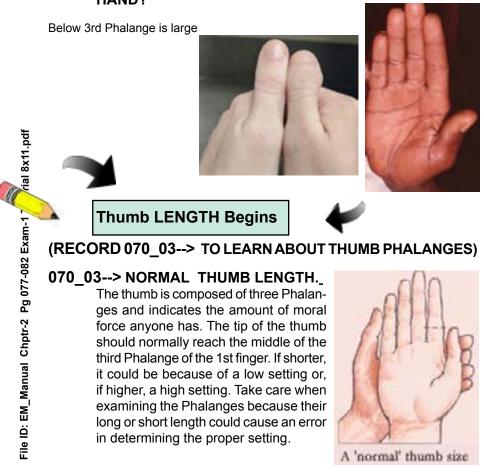
70 - THUMB / Length, Spaces, Phalanges, Tips

The thumb is the fulcrum around which all the fingers must revolve. In proportion to its strength or weakness, it will maintain, enhance or detract from the strength of the other descriptions. The thumb alone can strongly contradict the other descriptions. The thumb cannot be called a finger because it is infinitely more. It is really four fingers because it can oppose the four fingers at will.

070 01--> IS THE THUMB LARGE COMPARED WITH THE HAND?

Above 3rd Phalange is large

#### 070 02--> IS THE THUMB SMALL COMPARED WITH THE HAND?



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TIP--> 065\_012 to 03

SUPPELEMENTARY DATA

120

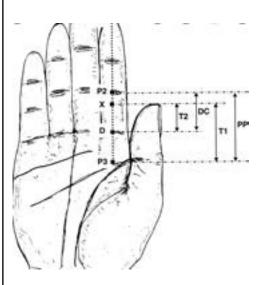
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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**



### TIP--> 070 01 THUMB...

...must be understood before you start your analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test.

### TIP: 070 01 TO 48

Please record any irregular descriptive features by doing either a physical or visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.



### **Tips & Notes**

TIP--> 070 03 TO 08

THUMB LENGTH BEGINS

### Thumb / Length, Spaces Phalanged Tips 70 cont...

#### 070 04--> IS THE THUMB SETTING HIGH OR LONGER?

To determine whether the thumb is longer then average or sets high in the hand. First hold the hand up with the palm towards you and the thumb close to the fingers. Second spread the thumb out. The thumb must either exceed the length of the 3rd phalange or set higher up on the hand.



Palm of right hand

### 070\_05--> IS THE THUMB SET LOW?

If the set of the thumb is low it will open wide and will not lie close along the side of the hand easily. This low-set thumb will have a large space between itself and the 1st finger as noted in illustration 70=6. Illustration 70=3 can also be used for comparison. Take care when noting the length of the Phalange of the thumb with illustration 70=5.



Palm of right hand

#### 070 06--> IS THE LOW-SET THUMB GENERALLY LONG?

3rd Phalange of the thumb or the "G" Mount is very close to the wrist.

Palm of right hand



Jpdated Feb 25th

### Thumb / Length, Spaces Phalanged Tips 70 cont...

### 070 07--> IS THE LOW-SET THUMB GENERALLY SHORT?

Palm of right hand



#### 070 08--> IS THE THUMB MEDIUM-SET?

Neither too high nor too low, not tied closely

to the hand and not lying away from it, the medium-set thumb seems to stand upright. Illustration 70=3 can be used. Take care when noting the length of the Phalanges.

Palm of right hand

### Thumb SHAPES Begin



### 070 09--> Is the thumb straight? (Do not record if you have ALREADY SELECTED 070 08.)

A straight-set thumb is set close to the hand, placed high, low or normally, and has, as its distinctive features, the closeness with which it lies by the side of the hand, the straightness of its carriage, and its lack of flexibility at the joint. (This is not a stiff thumb because the joint is not always stiff, although the joint is not flexible or supple. The marked peculiarity of this thumb is its carriage, as a whole, and its disposition to lie close to the side of the hand.)

#### 070 10--> SUPLEMENTARY DATA (record to learn about the thumb shapes)

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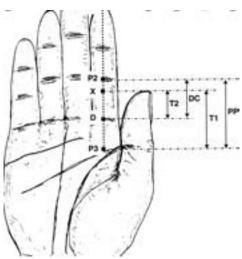






Chapter-2 Exam-1 **"Symptoms &** Characteristics"

# **Tips & Notes**



### TIP--> 070 09 TO 14; 31 TO 34 AND 045 TO 048

THUMB SHAPES BEGINS

### TIP--> 070 10

RECORD TO LEARN ABOUT THUMB SHAPES



Tips & Notes



070 11--> IS THE THUMB HEAVY AND ELEMENTARY?

This thumb is shaped rather like a banana. The two joints do not show where they separate.

Palm of right hand



#### 070 12--> IS THE THUMB FLAT? Some thumbs are seemingly quite flat, looking as though they have been pressed until the substance has gone out of them. It is this flatness that is their distinguishing feature.



Back of right hand

### 070 13--> IS THE THUMB BROAD?

When viewed from the nail side, it has a broad look in both Phalanges and has a strong, healthy appearance.



Back of right thumb

#### 070\_14--> IS THE THUMB ONE THICKNESS?

This thumb appears to be one thickness throughout its entire length. It is delicate and shapely. The nail is smooth in texture (no ridges on nail) and pink in color.

Back of right thumb



Updated Feb

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2023

Thumb / Length, Spaces Phalanged Tips 70 cont...

Thumb PHALANGES Begin

**070 15-->** (RECORD TO LEARN ABOUT THUMB PHALANGES) These two Phalanges are for will and reason. Examine the Phalanges as to length, shape of tips and form. The rule is that the first Phalange should be shorter than the second. The first Phalange is for will; the second is for reason or logic.



#### 070\_16--> (RECORD TO LEARN ABOUT 1ST THUMB PHALANGE)

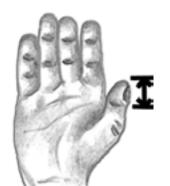
#### 070 17--> IS THE 1ST PHALANGE LONG?

In a normally shaped hand, the ratio between the first and second Phalange is two to three. In other words, if you measure a thumb from its tip to the middle of the knuckle, the first Phalange must extend over two-fifths of the total length and the second Phalange should extend over three-fifths. Use Illustration 70=15 to measure your Phalanges.



#### 070 18--> IS THE 1ST THUMB PHALANGE VERY SHORT?

Use Description 70=15 to measure. Also the thumb should be at the same level as the 1st finger extension from the hand, if the 1st thumb Phalange is very short.







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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

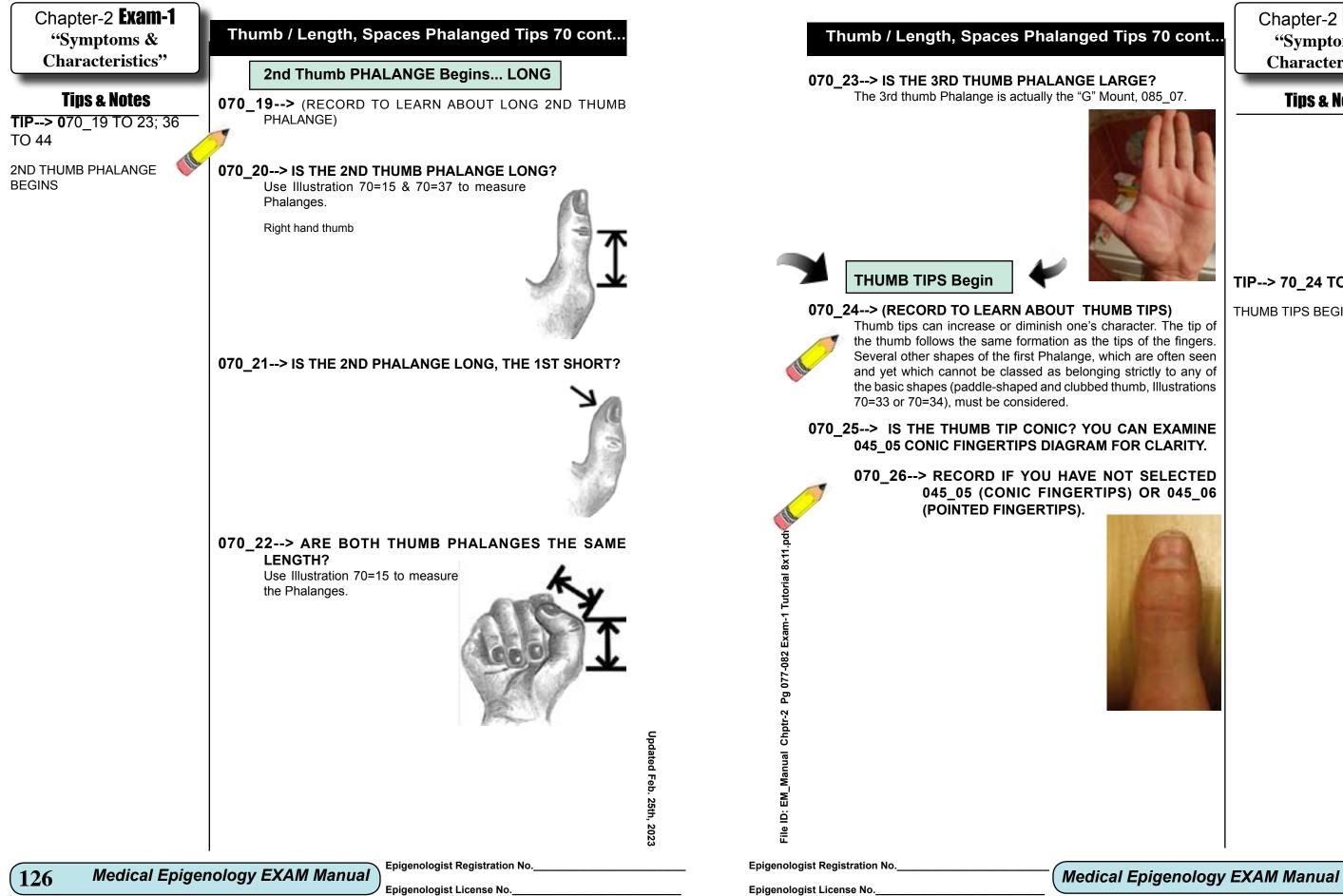
**Tips & Notes** TIP--> 070\_15 TO 23

THUMB PHALANGES BEGINS











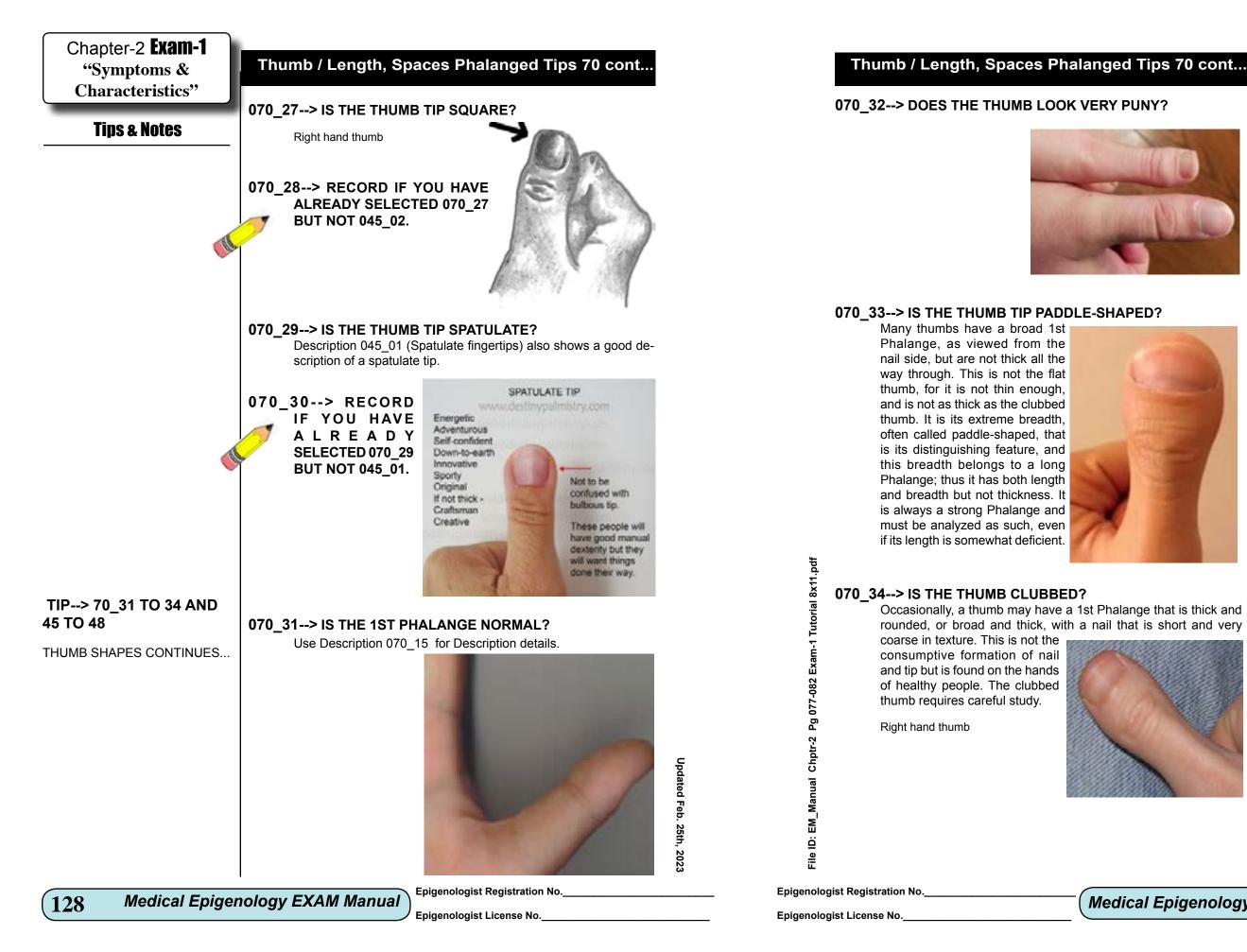


# **Tips & Notes**

### TIP--> 70 24 TO 29

THUMB TIPS BEGIN







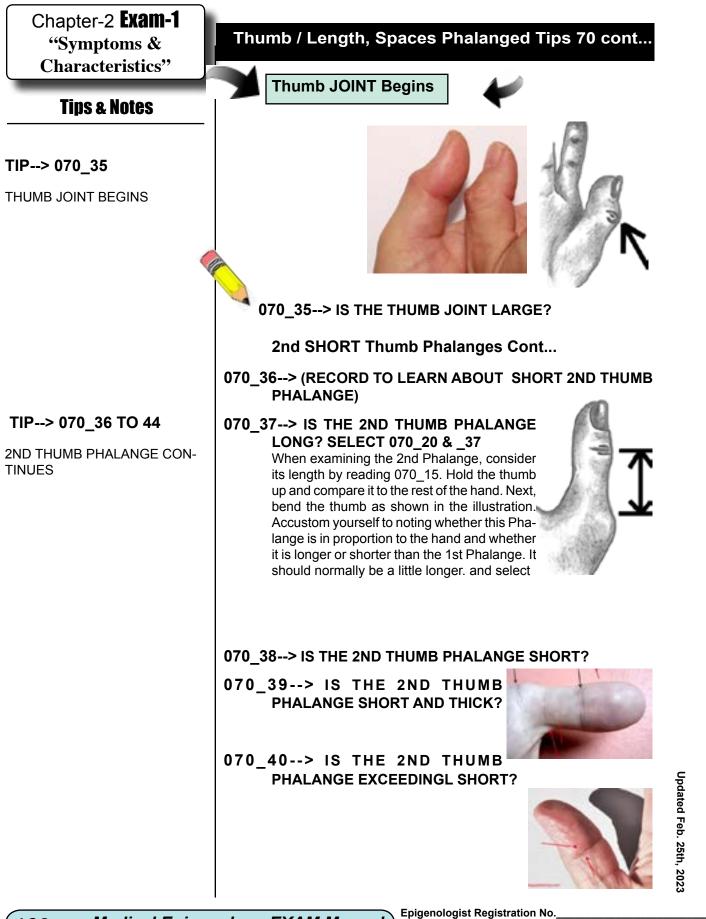






### **Tips & Notes**





If the thumb tip is flat, assume the 2nd Phalange to be flabby, even if slender and round. Back of right hand thumb Supplementary data 070 42--> (RECORD IF IS A NEGATIVE ATTITUDE TOWARDS LIFE). 070 43--> (RECORD IF THERE IS A **POSITIVE ATTITUDE TOWARDS** LIFE.) 070 44--> IS THE 2ND THUMB PHALANGE WAIST-LIKE? Back of right hand thumb

LIKE THE 1ST PHALANGE?

070 45--> (RECORD TO LEARN ABOUT THE SHAPES OF THE THUMB).

### 070 46--> IS THE THUMB PHALANGE MERELY BROAD?

070 47--> IS THE THUMB SUPPLE?

The supple thumb can bend back at the joint, as does the low-set thumb.

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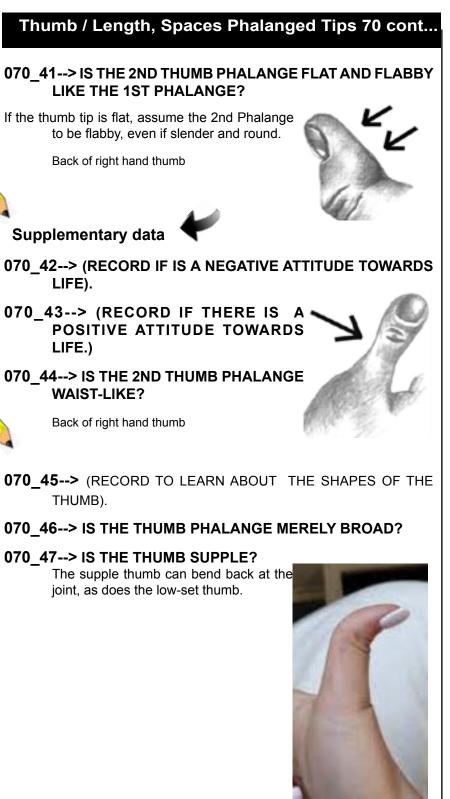
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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**

### TIP--> 070\_45 TO 48

THUMB SHAPES CONT ...

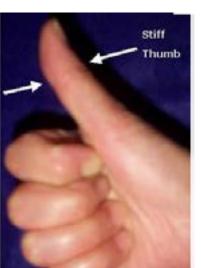


**Tips & Notes** 

### Thumb / Length, Spaces Phalanged Tips 70 cont...

070\_48--> IS THE THUMB STIFF?

This thumb is stiff in the joint and does not bend back as does the supple thumb. It tries to carry itself erect and close to the hand. The joint must be used as a guide in determining the stiff thumb.



### TIP--> 075 FINGER STANCE...

...must be understood before you start your analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test.

### TIP--> 075\_01 TO 20

Please record any irregular descriptive features by doing either a physical or visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.



Every finger leaning towards another gives up some of its strength to the finger towards which it leans. This shows if your character is balanced or not. Please note: whether any finger stands more erect than the others, with one or more fingers inclined towards it. A leaning finger and a bent finger are not the same.

### 075\_01--> IS THE 1ST FINGER ERECT OR <u>STRAIGHT?</u>

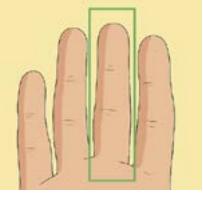


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### 075\_03--> IS THE 2ND FINGER ERECT OR STRAIGHT?



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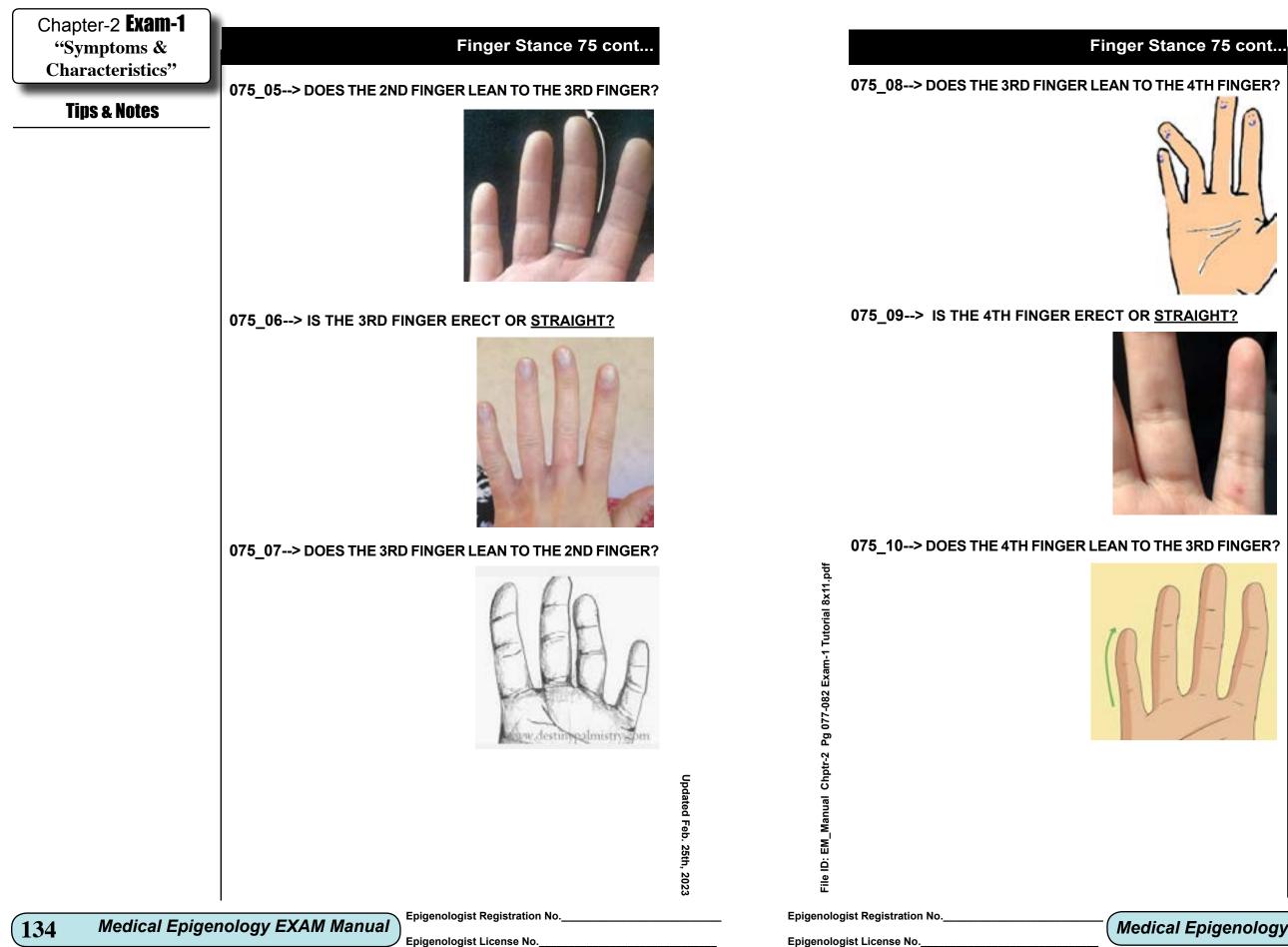


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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

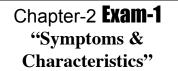
### **Tips & Notes**



### **Tips & Notes**

**NOTE:** To find the centre of any mount under the fingers they are the opposite side of the knuckles on the back of the hands. For example place your index finger on the knuckle and the thumb in the palm (opposite the nuckles) defines the centre of the mounts under the Fingers.





Tips & Notes

TIP--> 080 01 HOW TO

CENTRE OF APEX THAT

**DEFINE MOUNTS...** 

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TIP--> 080\_01 TO 23

...must be understood that the cen-

tre of the apex under each Finger.

Defines the low and highs of each

mounts or pads under each finger.

Please record any irregular de-

scriptive features by doing either

a physical or visual test. It must be

present or obvious to be recorded.

When in doubt leave out and con-

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Every Apex leaning towards another gives up some of its strength to the other Apex or finger it leans towards. This will explain more of your distinctive character traits. An Apex is a triangle formed at the base of each finger. The center of the

triangle is the center of the Apex and Mount. The center will show whether the Apex is leaning or not. Note where the center of the Apex is as you answer the following questions. You will need a magnifying glass to view the Apex and dot the center with a pen. If in doubt leave out.

### **PLEASE NOTE:**

If the center of the Apex leans left or right and points upwards, then record both Description numbers.

APEX under 1st finger on "A" Mount



080 01--> IS THE 1ST APEX CENTERED ON THE "A" MOUNT **UNDER THE 1ST FINGER?** 

- 080 02--> IS THE 1ST APEX LEANING OUTWARDS TOWARDS THUMB?
- 080 03--> IS THE 1ST APEX LEANING TOWARDS THE 2ND FINGER?
- 080 04--> IS THE 1ST APEX LEANING UPWARDS?
- 080\_05--> IS THE 1ST APEX LEANING DOWNWARDS?
- 080\_06--> IS THE 1ST APEX CLOSER TO THE HEART CREASE?
- 080 07--> IS THE 1ST APEX CLOSER TO THE HEAD CREASE?

APEX under <u>2nd</u> finger on "B" Mount

- 080 08--> IS THE 2ND APEX CENTERED ON THE "B" MOUNT **UNDER THE 2ND FINGER?**
- 080 09--> IS THE 2ND APEX LEANING TOWARDS THE 1ST FINGER?
- 080 10--> IS THE 2ND APEX LEANING TOWARDS THE 3RD **FINGER?**
- 080 11--> IS THE 2ND APEX LEANING UPWARDS?
- 080\_12--> IS THE 2ND APEX LEANING DOWNWARDS?

APEX under <u>3rd</u> finger on "C" Mount

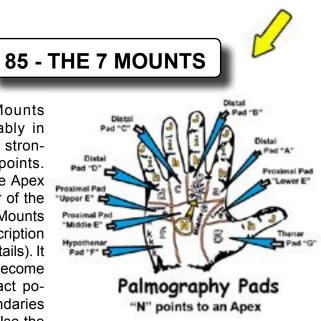
- 080 13--> IS THE 3RD APEX CENTERED ON THE "C" MOUNT UNDER
- 080\_14--> IS THE 3RD APEX LEANING TOWARDS THE 2ND FINGER?
- 080 15--> IS THE 3RD APEX LEANING TOWARDS 4TH FINGER?
- 080 16--> IS THE 3RD APEX LEANING UPWARDS?
- 080 17--> IS THE 3RD APEX LEANING DOWNWARDS?

APEX under <u>4th</u> finger on "D" Mount

- 080\_18--> IS THE 4TH APEX CENTERED ON THE "D" MOUNT **UNDER THE 4TH FINGER?**
- 080 19--> IS THE 4TH APEX LEANING TOWARDS THE 3RD FINGER?
- 080 20--> IS THE 4TH APEX LEANING OUTWARDS?
- 080 21--> IS THE 4TH APEX LEANING UPWARDS?
- 080 22--> IS THE 3RD APEX LEANING DOWNWARDS?
- 080 23--> IS THE 4TH APEX CENTERED, DO THE 1ST, 2ND AND 3RD APEXES LEAN TOWARDS THE 4TH?



Study of the Mounts helps considerably in determining the strongest character points. The center of the Apex marks the center of the A, B, C and D Mounts only. (See Description number 80 for details). It is necessary to become familiar with exact positions and boundaries of each Mount. Use the



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# APEX 080 cont...





Chapter-2 Exam-1 **"Symptoms &** Characteristics"

# **Tips & Notes**

**085 01 to 04**: To find the centre of any mount under the fingers they are the opposite side of the knuckles on the back of the hands. For example place your index finger on the knuckle and the thumb in the palm (opposite the nuckles) defines the centre of the mounts under the Fingers.

### TIP--> 085 THE SEVEN MOUNTS...

...must be understood before you start your analysis. Comparing the hand to the book will become sec-

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### **Tips & Notes**

ond nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test.

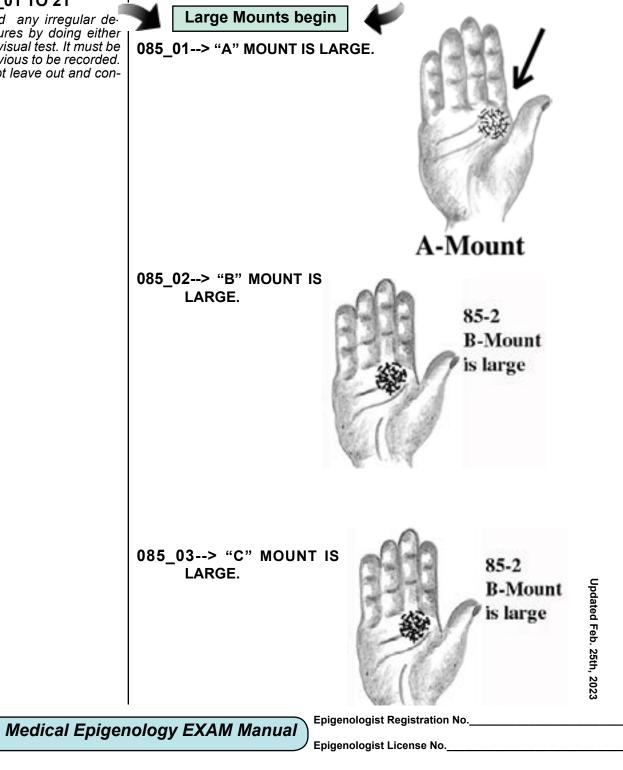
### TIP--> 085\_01 TO 21

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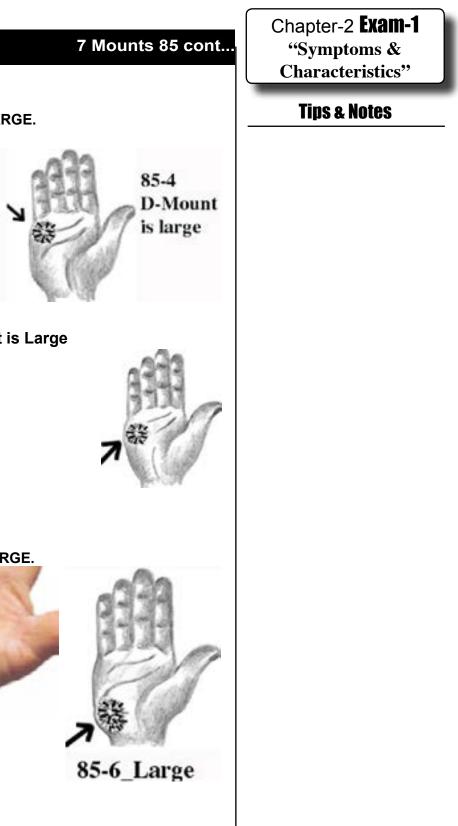
Please record any irregular de-scriptive features by doing either a physical or visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.

### 7 Mounts 85 cont...

Use the Apex (080) to locate "A", "B", "C" and "D" Mounts or pads under the 1st, 2nd, 3rd and 4th fingers. Physiologically, Mounts are the balls or pads of flesh which bulge from the palm at different areas in the hands. In some cases there are holes or depressions. Mounts which are very prominent (in excess) are considered strong Mounts. Flat Mounts are ordinary, and depressions show weakness.

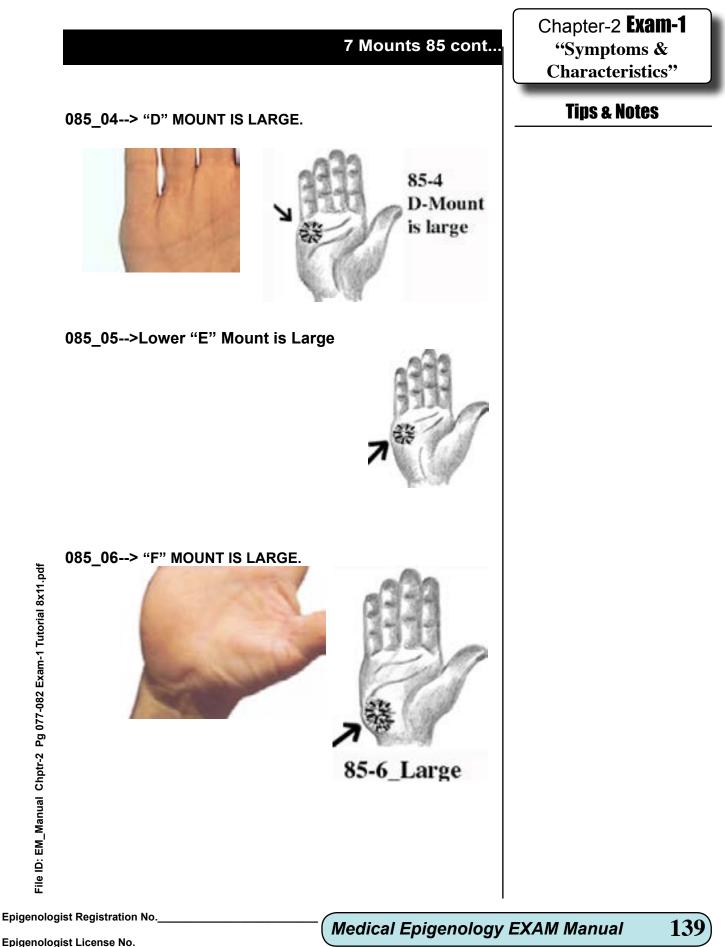


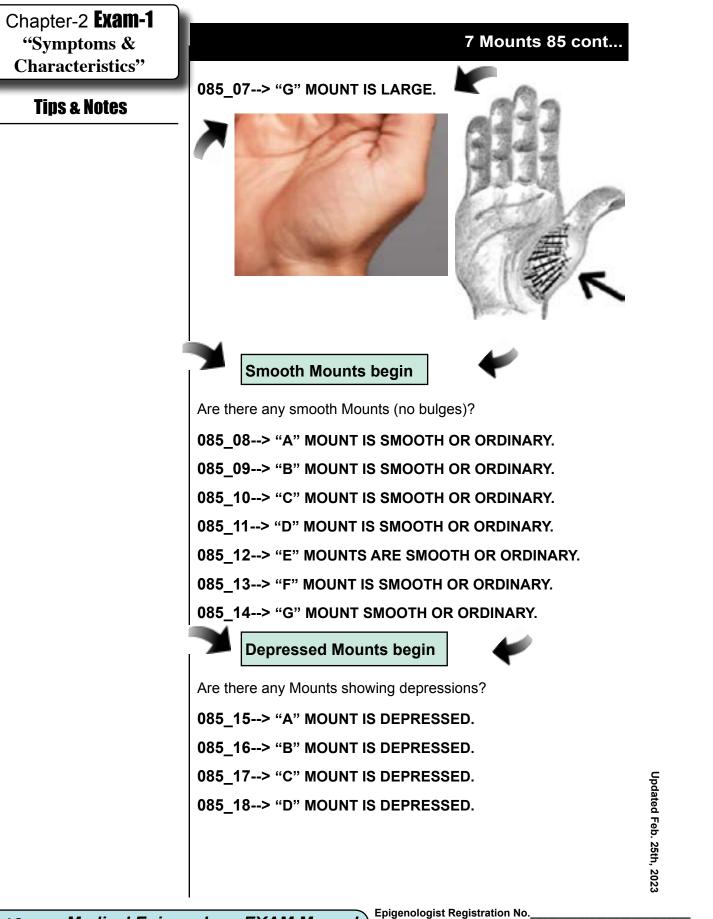




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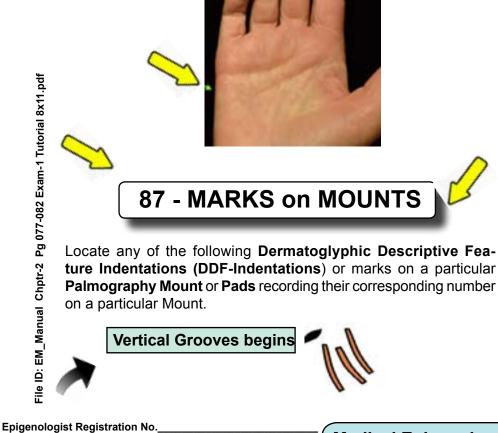
085 19--> "E" MOUNTS ARE DEPRESSED.



### 085 20--> "F" MOUNT IS DEPRESSED.



085\_21--> "G" MOUNT IS DEPRESSED.



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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

# **Tips & Notes**

### TIP--> 087 MARKS ON MOUNTS...

...must be understood before you start your analysis. Comparing the hand to the book will become second nature via repetitious analyses. Eventually it won't be necessary to read and or execute every test. Some of the interpretations usuually conflict with other Description interpretations. The reason is that the ordinary or depressed Mounts Genetically show these characteres are not strong enough to make and



# **Tips & Notes**

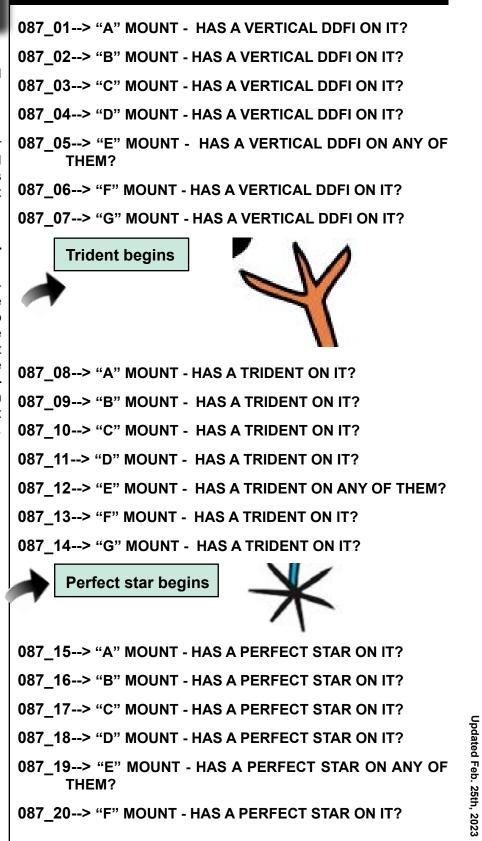
impact from these marks but stil exist in some personalty traits.

### TIP--> 87 01 TO 91

Please record any irregular **DDIF-Indentations** by doing visual test. It must be present or obvious to be recorded. When in doubt leave out and continue on.

### TIP--> 087\_01 VERTICAL **DDF-INDENTATION**

....on any Mount must be in a vertical position in comparison with the the fingers. The angle can be no more then 45 degrees. They are usually made up of independent DDIF-Indentations and cannot be a part of a major DDIF-Indentations or splits that branch off from them. For example, Head, Heart Life Career DDIF-Indentations etc.



Marks on Mounts 087 cont...

# 087 21--> "G" MOUNT - HAS A PERFECT STAR ON IT? Triangle begins 087 22--> "A" MOUNT - HAS A TRIANGLE ON IT? 087 23--> "B" MOUNT - HAS A TRIANGLE ON IT? 087 24--> "C" MOUNT - HAS A TRIANGLE ON IT? 087 25--> "D" MOUNT - HAS A TRIANGLE ON IT? 087 26--> "E" MOUNT - HAS A TRIANGLE ON ANY OF THEM? 087 27--> "F" MOUNT - HAS A TRIANGLE ON IT? 087\_28--> "G" MOUNT - HAS A TRIANGLE ON IT? **Circle begins** 087 29--> "A" MOUNT - HAS A CIRCLE ON IT? 087 30--> "B" MOUNT - HAS A CIRCLE ON IT? 087 31--> "C" MOUNT - HAS A CIRCLE ON IT? 087 32--> "D" MOUNT - HAS A CIRCLE ON IT? 087 33--> "E" MOUNT - HAS A CIRCLE ON ANY OF THEM? 087\_34--> "F" MOUNT - HAS A CIRCLE ON IT? 087\_35--> "G" MOUNT - HAS A CIRCLE ON IT? Square begins

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087 36--> "A" MOUNT - IS

THERE A SQUARE ON IT?

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### Marks on Mounts 087 cont...



087\_37--> "B" MOUNT - IS THERE A SQUARE ON IT? 087\_38--> "C" MOUNT - IS THERE A SQUARE ON IT?

087 39--> "D" MOUNT - IS THERE A SQUARE ON IT?

Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes** TIP-->087 22 TRIANGLES

...on any Mount are usually made up of independent creases crossing in all directions. They cannot be a part of a major DDIF-Indentations or splits that branch off from them. For example, Head, Heart Life Work Ethics issue's DDIF-Indentations etc.

### TIP--> 087\_29 CIRCLES

...on any Mount can be perfect or made up from a single twisted **DDIF-Indentations..** 

### TIP--> 087\_36 SQUARE

...on the "F" Mount are usually very noticable but be careful as these marks must be prominent and well formed. They are usually made up of independent DDIF-Indentations crossing in all directions. They cannot be a part of a major **DDIF-Indentations** or splits that branch off from them. For example, Head. Heart Life issue'ss DDIF-Indentations etc.



### Tips & Notes

### **TIP--> 087 43 PERFECT** CROSS

...on any Mount are usually very noticable but be careful as these marks must be prominent and well formed. These marks are usually made up of independent **DDIF-Indentations** crossing in all directions. They cannot be a part of a major DDIF-Indentations or splits that branch off from them. For example, Head, Heart Life Work Ethics **DDIF-Indentations**, etc.

### TIP--> 087\_50 GRILLES...

...on the "F" Mount are usually very noticable but be careful as these marks must be prominent and well formed. They are usually made up of independent DDIF-Indentations crossing in all directions. They cannot be a part of a major DDIF-Indentations or splits that branch off from them. For example, Head, Heart Life Work Ethics etc.

### **TIP--> 087 57 CROSSBAR**

....on any Mount must be in a horizontal position in comparison with the the fingers. The angle can be no more then 45 degrees. They are usually made up of independent DDIF-Indentations and cannot be a part of a major DDIF-Indentations or splits that branch off from them. For example, Head, Heart Life Work Ethics DDIF-Indentations etc.

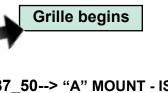
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### Marks on Mounts 087 cont...

087 40--> "E" MOUNT - HAS A SQUARE ON ANY OF THEM? 087 41--> "F" MOUNT - IS THERE A SQUARE ON IT? 087 42--> "G" MOUNT - IS THERE A SQUARE ON IT?



087 43--> "A" MOUNT - IS THERE A CROSS ON IT? 087 44--> "B" MOUNT - IS THERE A CROSS ON IT? 087 45--> "C" MOUNT - IS THERE A CROSS ON IT? 087 46--> "D" MOUNT - IS THERE A CROSS ON IT? 087 47--> "E" MOUNT - HAS A CROSS ON ANY OF THEM? 087\_48--> "F" MOUNT - IS THERE A CROSS ON IT? 087 49--> "G" MOUNT - IS THERE A CROSS ON IT?





087 50--> "A" MOUNT - IS THERE A GRILLE ON IT? 087 51--> "B" MOUNT - IS THERE A GRILLE ON IT? 087 52--> "C" MOUNT - IS THERE A GRILLE ON IT? 087 53--> "D" MOUNT - IS THERE A GRILLE ON IT? 087 54--> "E" MOUNT - HAS A GRILLE ON ANY OF THEM? 087\_55--> "F" MOUNT - IS THERE A GRILLE ON IT? 087 56--> "G" MOUNT - IS THERE A GRILLE ON IT?



087 58--> "B" MOUNT - ARE THERE CROSSBARS ON IT? 087\_59--> "C" MOUNT - ARE THERE CROSSBARS ON IT? 087\_60--> "D" MOUNT - ARE THERE CROSSBARS ON IT?



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087 77--> "G" MOUNT - AARE THERE ANY DOTS, SPOTS OR **BLOTCHES ON IT?** 

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Chapter-2 Exam-1 **"Symptoms &** Characteristics"

### **Tips & Notes**

### TIP--> 087\_54 CIRCLES

...on any Mount are usually made up of independent DDIF-Indentations crossing in all directions. They cannot be a part of a major **DDIF-Indentations** or splits that branch off from them. For example. Head. Heart Life Wotk Edthics Issue's DDIF-Indentations, etc.



### **Tips & Notes**

### TIP--> 087\_78 IMPERFECT STAR

....on any Mount are usually very noticable but be careful as these marks must be prominent and well formed. These marks are usually made up of independent **DDIF-Indentations** crossing in all directions. They cannot be a part of a major **DDIF-Indentations** or splits that branch off from them. For example, Head, Heart Life Work Ethics **DDIF-Indentations**, etc.

#### TIP--> 087\_85 MORE THAN 3 VERTICAL CREASES

....on any Mount are usually very noticable but be careful as these marks must be prominent and well formed. These marks are usually made up of independent **DDIF-Indentations** crossing in all directions. They cannot be a part of a major **DDIF-Indentations** or splits that branch off from them. For example, Head, Heart Life Work Ethics **DDIF-Indentations**, etc.

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Marks on Mounts 087 cont...

Imperfect star begins



087\_78--> "A" MOUNT -ARE THERE IMPERFECT STAR ON IT? 087\_79--> "B" MOUNT - ARE THERE IMPERFECT STAR ON IT? 087\_80--> "C" MOUNT - ARE THERE IMPERFECT STAR ON IT? 087\_81--> "D" MOUNT - ARE THERE IMPERFECT STAR ON IT? 087\_82--> "E" MOUNT - IS THERE AN IMPERFECT ON ANY OF THEM?

087\_83--> "F" MOUNT - ARE THERE MPERFECT STAR ON IT? 087\_84--> "G" MOUNT - ARE THERE MPERFECT STAR ON IT?

More than 3 vertical Grooves begin

- 087\_85--> "A" MOUNT ARE THERE MORE THAN 3 VERTICAL GROOVES ON IT?
- 087\_86--> "B" MOUNT ARE THERE MORE THAN 3 VERTICAL GROOVES ON IT?
- 087\_87--> "C" MOUNT ARE THERE MORE THAN 3 VERTICAL GROOVES ON IT?
- 087\_88--> "D" MOUNT ARE THERE MORE THAN 3 VERTICAL GROOVES ON IT?
- 087\_89--> "E" MOUNT ARE THERE MORE THAN 3 VERTICAL GROOVES ON ANY OF THEM?
- 087\_90--> "F" MOUNT ARE THERE MORE THAN 3 VERTICAL GROOVES ON IT.
- 087\_91--> "G" MOUNT ARE THERE MORE THAN 3 VERTICAL GROOVES ON IT.

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