



Finally, a Epigenologist can examine complex hands & wrist quickly and efficiently, interpreting Symptoms & character traits, life Issues and even project them with incredible accuracy!



Gerald E. Picard

### The power of Medical Epigenology

**Welcome to the world of Epigenology Medical. It’s a unique and efficient way of examining the Hands & Wrists with medical knowledge not required.**

A new format of examining, recording and interpreting Hands & Wrists “Symptomatic Descriptive Features” (SDF) and “Dermatoglyphic Descriptive Indentations” (DDI) in its entirety. A new Examination procedure tool now exist. The data has been researched and tested for decades via 3 global Universities. It does so by using a computer research data-base that encompasses a copyright methodology associated with examining the passive and active hands which is the R-Hand if Right handed or L-Hand if left handed. The data base is used to interpret extracted Symptoms vis a worksheet the examiner records a specific number of the title of the symptom. Its also used for updates and new R & D to be added from medical Universities all over the world. It can actually extract any and all the data one needs that involves direct medical knowledge. Hence medical knowledge isn’t required to examine the Hands & Wrist but in some cases a little or a lot does Help. The Hands & Wrists is examined in an incremental orderly fashion using numbers interpreting ones life, health, relationships & work Ethics issues to name a Few. Medical Epigenology is required in order to make the correct health and other choices in life when ensuing success.

As of 2003 Epigenetics has now been scientifically proven and supported by many Universities all over the world. Its the effect how our environment whether it be our guardians or our own including influences associated with lifestyles. Environments creates HOX genes allowing our species to survive them and the species capable of doing so in this world. They cloud our original genes (adjustments)

giving humans the edge needed to survive any new environment whether physical, Psychological, political and religious matters (Deities), etc.

**Understand** our **Hands & Wrists** have more nerve endings than any other part of our external body. It’s because it is used as an end effector (Tool) recording our life issues, Health and psychological effects as we age. After decades of **R & D** our computer **Data Base** can now interpret these affects and life patterns, and more including an infinite amount of variations.

**Epigenology Medical** is engineered so that humans can see first hand what their health issues are including the the effects of what their environment is doing to their bodies, overall. It allows humans a chance to survive and / or be successful. If not then we succumb to our environments wishes we have chosen under free will or Influences. **Medical Epigenology** is also able to extract medical symptoms, psychological including our character traits and any epigenetic changes as we age yearly, monthly ans well as natural skill sets humans where born with... Scientists have recently discovered that a single molecule attached to our genes accomplishes this task. For this to happen, as a direct result of the environments and what we choose including dramatic choices we make in life. A lot of molecules must be traumatized in unison for this to happen. It is the **Hands & Wrists** that records everything first because of it’s direct connection with the human brain as noted in the **Medical Epigenology “White Paper”** Article in our User Manual... as such every hand will tell its own unique story.

Think of all the people in the world and how different each **Hand & Wrist** is from one another. They are as unique as a fingerprint genetically altering themselves as they age. Is there anyone who has not wondered who they are in their chosen environment or, for that matter, they’re direction in life? And could that destination be dangerous, profitable, peaceful or successful? Hence, why shouldn’t we take the hands and wrist more seriously?

The author engineered a standard numbering system associated with each exam title used for all examinations identical to the computer DB. It’s used to interpret the Epigenologist’s client’s worksheets after they examined their client. It also incorporates a mathematical logarithms that calculates an infinite number of variations which affects their original interpretation. Not only would this Increase accuracy

File ID: EM\_Manual Chptr-2 Pg 057-072 Forward.pdf

Epigenologist Registration No. \_\_\_\_\_

Epigenologist License No. \_\_\_\_\_



and efficiency but induces a profound efficacy able to examine billions of people with separate results. Regardless how complex any hand & wrist may be. **Medical Epigenology** could one day be the modern equivalent of replacing the yearly physical as an alternative Symptomatic and Psychological Assessment tool. Soon Medical Epigenology will be accepted and used in all formats of the medical community and learned institutions all over the world.

**Epigenologist’s Exam-1** interprets Physical and Visual symptoms, sports injuries and harsh environmental effects including touch, Bone formations, Muscles, Deformity and motion testing to name a few. Exams-2, 3 and 4 (Epigenetics) Interprets Dermatoglyphic Descriptive Indentations (Palmography) associated with Living events, Work Ethics and well being issues to name a few.

Refer to the **“Declaration of Epigenology Medical”** in this manual for other ethical details. Anyone can now download our FREE **Medical Epigenology User Manual** and start practicing on themselves, family and friends, etc. It’s a limited time offer whereby we can only interpret a partial number of positive extractions after you have examined your own active hand. Next send us your worksheets and active hand images (Your Palm specifying age and when it was taken) and we in turn will send you a report. Go to our website ([www.epigenologymedical.com](http://www.epigenologymedical.com)) **“SHOP”** pull down menu and select the cost for a partial exam interpretation. If your your hand image looks good then we ask you to download our application so that once accepted your on a way of becoming a Registered License Epigenologists.

As a direct result of our computer DB, no one has to learn or interpret any hand & wrist extracted descriptive features ever again. Including the new Geriatric version and another more advanced model, coined: “Medical Hand Wrist Examinations” for Physicians which excludes Epigenetics.

The Computer Data Base does it all only because it’s impossible for anyone to interpret 80-120 Symptoms including an infinite number of variations. The effect each unique descriptive feature has on each other. Hence, Medical Epigenology has now become a new player on the block able to examine anyone in a non-invasive unbiased manor. Generating reports automatically after the Epigenologists Client’s worksheet extraction numbers have been entered into a computer DB.

Academically, London Health Sciences, Berkeley (Cal. USA) and Liverpool Universities (UK) have and still are researching Epigenetics and Epigenomic in the Hand & Wrist. What Epigenologists has already been doing since the early 1970(s). Having these universities and others researching Epigenetics along with medical symptoms allows Medical Epigenology to move forward in developing a more powerful marketing script and promotional material helping people on a global scale.

**Epigenology Medical** is now scientifically proven as an examination Hand & Wrist tool and engineered to continue it’s research via a computer DB. Epigenologists will be skillfully trained to operate confidentially in a non-invasive unbiased manor using a unique descriptive feature methodology which is a standard copyright numbering system used in all of its publication and services.

People in any culture or society in general can now see what is going on in their life whether good or bad including any health issues. In the beginning the author (G. Biccum/Picard) used Medical Epigenology during his research to save his own life. In his early years it kept on projecting his death at age 55 resulting in a massive heart attack if he continued to live his projection. As such he informed a cardiologists that corrected it before it could happen. The many **DD-Indentations** (Palmography) that stopped at age 55 now continue showing a new projected healthy lifestyle. Hence Medical Epigenology exams saved the author’s life, yours?

It’s now able to examine anyone from age of 15 on up to the present. Anything interpreted past one’s birthdate is a Projection and may or may not happen because of free will (bad or good). Don’t like what is being projected then alter your lifestyle, political and religious beliefs even moving helps including changing friends and associates to name a few situations.

### Epigenologist’s Registration License Numbers

Once a person has been approved and passed our test procedure they will be able to **Practice Medical Epigenology** as an Epigenologist and assigned a thirteen (13) digit registration and separate License number. Both are a part of an Epigenologist pack contains everything they require to start a **Medical Epigenology Clinic** (Home business). The registration and

Updated Feb. 25th, 2023

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_



separate License numbers is used to deter copy right and plagiarism as well as Theft. Each Epigenologist Practitioner must use both numbers when communicating with us and when examining their clients placed on their client’s worksheets. Even when communicating with other **Epigenologist** to further their knowledge. But they must replace their client’s name with a fictitious one. An **“Epigenologist’s Declaration”** is published in all its product and services as a means to help the public and medical professionals alike to understand the real purpose behind **Epigenology Medical**. As such **Epigenologist** are self-employed independent professionals, but they can also group themselves together and form a **“Epigenology Medical Practice Clinics”** like sharing office space similar to what lawyers, doctors and dentists have been doing for ages, etc. Each Epigenologist can also have up to 30 plus Assistants working with them in their clinics. Including assistant if someone is training to become a **professional Epigenologist** or who would like to remain as such as a part-time Practitioner. Their primary role is to help other Epigenologist to operate their Clinics with any type of work-load, absenteeism, vacations and illnesses etc.

An Epigenologist can also gain fascinating insight into the private relationships and love affairs of famous people such as: actors, sports figures, politicians, wealthy people and various celebrities just by looking at their hands & wrists on TV, newspapers or magazines columns. The most important fact is that Epigenologist must never try to use their memory to interpret any descriptive hand & wrist feature because it may not be accurate and may upset clients well-being.

**PLEASE UNDERSTAND**, all Medical Epigenology publications, products and services utilizes the same standard unique descriptive numbering copyright format also used in the computer DB.

### Exam-3 “Projecting Life Issues”

Any **Dermatoglyphic Descriptive-Indentation** number in a clients report (past their birthdate) refers to a projection which may be interpreted as an insight or foresight. For example, if a client is thirty years of age at the time of Examination. For example any statements after thirty can only be interpreted as a projection, not actual fact. Also keep in mind that

File ID: EM\_Manual Chptr-2 Pg 057-072 Forward.pdf

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_

Dermatoglyphic Descriptive Indentations or DD-Indentations under the title of “Palmography” changes weekly, monthly and yearly. Therefore, any exam could produce a different projection of a client’s life if a their lifestyle changes drastically. For example: moving, marriages, career change etc. Keep this in mind when interpreting projected destinies. It is much the same way as a poor diet and lack of exercise can be projected to an eventual state of ill health or an uncaring attitude to family and friends can be projected to one day having few friends. Medical Epigenology can understand this type of interpretation (projecting lifestyles) by having a full examination of themselves from the beginning to end and then in 8 months to a year later on do it again. With this kind of experience Epigenologist can now help their clients with their own interpretation of projected destinies. It saved the author’s life which is a real testimonial.

**Go to ( [www.epigenologymedical.com](http://www.epigenologymedical.com) ) to see the author’s before and after heart surgery. Hand Wrist images.**

### The Master files

A Master Medical Epigenology Research copy righted file exist that involves latest research used for all Publications and Computer DB. Whether a user Manual, etc. trade Edition (books) and game version, etc. This Master R & D publication files can be one or many and sent to be printed in a PDF format. A Medical Epigenology Research file is generated from research every 2 years as revisions including any ergonomic adjustment deemed necessary to fine tune the process of examining hands & wrists. A “Q” code or bar code system will eventually replace our current setup. A database keeps track of all Epigenologist Practitioner registrations and license numbers, etc. Including all Epigenologists, services performed and any necessary revisions to their Medical Epigenology User Manuals. It is imperative that each client check and verify their Epigenologist Registration and license Number is legitimate before beginning their Examination.

### Responsibilities

Both Epigenologists and clients must fill out and sign a “Consent and Disclaimer release” form before any Hand & Wrist examination can commence. Although,



Clients can select Epigenologist’s invoices for a specific full or partial exam, for example:

- (Exam-1) Symptomatic and Character trait issues,
- (Exam-2) Living events issues.
- (Exam-3) Opportunity, Work Ethics & Career Issues.
- (Exam-4) Unusual Events Issues.

The cost to interpret Epigenologist’s Clients work-sheets is part of the Epigenologist’s invoices.

A full examination of the hand in the beginning is ideal for comparison as other exams are executed later on in the client’s. Starting with **Exam-1**. If a client has altered their lifestyle dramatically such as divorces, geographical changes, family death, illnesses, career changes and traumas of any kind, etc. Then the previous full examination will show good or bad results allowing clients to make correct choices to succeed in their lives. Sometimes it takes three to five months for the hands & wrists to begin to show any changes.

Clients have three options if they find their report difficult to interpret or understand. **(1)** is to recall old memories by reading their reports over several times for clarification. **(2)**, Obtain a second examination from another more experienced Epigenologists. And **(3)**, acquire the services of a professional psychoanalysts (psychologist, psychiatrist or counsellor etc.) for a further evaluation of their reports.

### Advanced Geriatric and/or Medical Hand & Wrist Exams

This type of examination requires a requisition from a medical professional (MD) in replacement of a patients yearly physician. It does not incorporate **Exams-2, 3 and 4 Dermatoglyphic Descriptive Indentation** Material. Only because Physician require medical types of exams interpreted for medical reason verified by a a separate computer data-base It really is in the interest of medical doctors Symptomatic and psychological concerns of their patients.

Although Epigenologist’s **Exam-1 “Physical Symptomatic Issues”** is similar to **Geriatric Hand & Wrist** hence it has its own R & D computer DB. Works in this manor. Exam-1’s Characteristic also helps clients understand their distinctive character traits and other medical issues they are: **(a)** what we express now, **(b)** have expressed in the past, **(c)** are capable of expressing later on. They are not necessarily the traits

one display all the time. Different emotional situations warrant different expressions. The traits they uncover are those they possess now.

### Exam 2, 3 & 4 Dermatoglyphic Descriptive Indentations

Examines Palmography indentations, wrinkles and Fingerprints. All mostly associated mostly Epigenetics or Epigenomics. Such as Interpreting “Living events Issues” (**Exam-2**), “Opportunity issues” (**Exam-3**), work ethics & Careers Issues” (**Exam-5**) and “Unusual Events Issues” (**Exam-5**). Combine Epigenologists now have the power to examine client’s destiny via **Dermatoglyphic Descriptive Indentations Exams-2, 3 & 4**, which is actually examining a continuation of one’s current environment (lifestyle) at the age and time of examination. Altering one’s living events consistently for up to 3-6 months could drastically alter the Dermatoglyphic Descriptive Indentations interpretations showing new events and destinies. Therefore, another examination would be necessary to project these new events or destinies. If the examination projects a bad choice than another drastic life change would be necessary.

### Projecting Destinies

As explained previously: Any “Dermatoglyphic Descriptive Indentations” or DD-Indentation numbers in clients report that refers to a projection may be interpreted as an insight or foresight. For example, if your client is age 30 at the time of their examination, any statements after this age period can only be interpreted as a projection, not actual fact. Also keep in mind that DD-Indentation do change weekly, monthly and yearly. Please remember, any future examination, today or tomorrow, could produce different projections if a client’s lifestyle changes substantially. Also remember projecting destiny is much the same way that a poor diet and lack of exercise can be projected to an eventual state of ill health or an uncaring attitude to family and friends can be projected to one day having few friends. Client’s learn this type of interpretation by having a full examination and learning about themselves from the beginning. Understand these are projections, not actual fact if beyond ones birth-date.

Therefore, the choice now becomes that of the individual to understand what this projection implies and take control or face their projected reality.

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_

Updated Feb. 25th, 2023



### The hand in ancient times

The ancient world recognized there are things to be learned by looking at a person’s hands. In the original **Hebrew book of Job** (chapter 37, verse 7) we find these words: **“God caused signs or seals on the hands of all sons of men, that the sons of men might know their works.”**

In the **New Revised Standard Version** of the bible (chapter 37, verse 7) it says: **“Serves as a sign on everyone’s hand, so that all whom He has made may know it.”**

And with the Confraternity of Christian Doctrine, the **Revised Standard 1966 Catholic edition** along with the Complete Bible-University of Chicago press (Smith-Goodspeed) are these words: **“He sealet up the hand of all men, that everyone may know his works.”** Other bibles have dramatically altered the interpretation of this verse.

Some of the greatest teachers and philosophers have come to the conclusion that fate exists for all. In the 17th article of religion in the Episcopal church it is stated in no uncertain terms that, **“Predestination to life is the everlasting purpose of God.”**

It may be that the soul – which, in being part of the universal soul of all things – knows all things and through the instrument of the brain records your destiny in advance.

suggest that each of us endeavour to learn what our fate may be, accept whatever task may be required and carry it out to the best of our ability, and be willing to leave the final result to the Master who thought fit to employ us in the working out of His design.

### Medical mysteries

To the mysteries of the mind there are no limits. Medical science has, however, gone so far as to acknowledge the possibility of an advanced growth or change in brain cells years before an action occurs or there is a change in character. There are more supersensitive nerves leading from the brain to the hand, so for all we know, everything we do is the result of some prior mental change. It may be that to all living beings there is a destiny “that shapes our ends, rough hem them as we will.”

It is a fact that even if the skin is burned off the hands or removed by acid, in a short time finger-

File ID: EM\_Manual Chptr-2 Pg 057-072 Forward.pdf

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_

prints and **Epigenetic DD-Indentations** will reappear exactly as they were before over time.

### Science Facts and Epigenetic Medical

A study by the **University of California at Berkeley** found that the length of fingers can point to whether a person is gay, lesbian or straight because certain finger-length patterns indicate that a person was exposed to high levels of male hormones while in the womb.

**Heterosexual men** tend to have **first and third fingers** of different lengths while in gay men the difference is third longer than first. Heterosexual women tend to have first and third fingers of similar lengths while lesbians tend to have a longer first finger. See **Symptomatic Descriptive Features 040\_01 to 040\_05**.

The prestigious U.S. magazine **New Scientist** reported that a researcher at **Liverpool University** in England tested 60 men and 40 women at an infertility clinic and discovered that men whose third finger is longer than their first finger have higher levels of the male sex hormone testosterone and that men with asymmetrical hands produce fewer sperm. Women whose first finger is longer than their third finger have higher levels of the female sex hormone estrogen.

The **Journal of the Royal Society of Medicine** in London, England, reported that three **Doctors in Bristol** studied the hands of 100 corpses, aged 30 to 90. They measured the person’s **DD-Indentation 105 Life Issue** in relation to the size of the hand and projected this on a graph together with the age of death. Those with a short **DD-Indentation number 105 Life Issue** had died young while those with a longer ones had lived into old age.

An editorial in **Newsweek** stated, **“A human clone might resemble, superficially, the individual from whom it was made. But it would differ dramatically in the traits that define an individual – personality and character, intelligence and talents.”**

**“Here’s the rule,”** says psychologist Jerome Kagan of Harvard. **“You will never get 100 per cent identity – never – because of chance factors and because environments are never exactly the same.”**



**Epigenetics and Epigenology Medical**

It was discovered recently that about 99.7% of the human genome system is mostly junk genes and that only about 30,000 genes actually determine what a person will turn out to be, such as hair type, intelligence, diseases and strength, etc. We have twice as many genes as a roundworm, about three times as many as a fruit fly; six times as many as a baker's yeast and of more than 60,000 genes out of 100,000, 200 come from bacteria. Human beings are very much relatives of all global species. When it comes to mapping the genome system it is now known that every human being on the planet is 99.9% the same.

Genetic research shows that character, life-style (past, present and projected destinies), can record itself in the Hands & Wrists via the conscious and subconscious mind. Hands can be used without conscious thought and the hand is connected to the motor function (cerebral cortex) of the brain. Therefore any alteration of the to the hands is based on our lifestyles and will eventually show up months or years in advance, depending on our weaknesses and how easily we are influenced.

**Epigenology Medical** can help us understand the implications of living a rigid lifestyle and the influence of a strong culture (environment) has on shaping our lives including personalty conflicts. By altering these events we can actually take some control of our lives and project destinies that would be more favorable in our own development. It has also been discovered that outside influences, such as viruses in a person's stomach, as well as heavy social influences, particularly the influence or rigid lifestyle of a parent or guardian – religious, political and/or social lifestyles – can alter a person's Epigenetic features as shown in the Hands & Wrists and eventually alters a human beings genetically (With Hox Genes).

It makes a lot of sense that the hand changes as much as it does. Each Hands & Wrists is unique. portraying a person's true nature but what these influences have done to their body or mind can be traumatic and detrimental as they grow older and then slow down with age.

**Attack on Pope John Paul II was projected**

When Pope John Paul the II visited Canada in 1984, I examined Pope John Paul the II visited Canada in

1984, I reviewed thousands of pictures during his visit. Using these pictures, along with others taken on other occasions, I did a partial exam of his hands. The following is one of many **DD-Indentations** of his hand that author observed.

**Pope John Paul II projected** between the ages of 60 to 70, DD-Indentation number 105\_10\_001 (break on the DD-Indentation). Based on age and time of examination this DD-Indentation could either be a past, present or a projected behavioral pattern. Indicates a check or obstruction to health, consequently a threat to life, these obstructions coming either from illness or accident. In a healthy hand, this mark should be interpreted as indicating an accident, the cause of which is difficult to diagnose. Many years later Pope John Paul II survived an attempt on his life.

**Theodore Roosevelt** overcame physical weakness President Theodore Roosevelt had an extremely thin DD-Indentation number 105 Life issues. He had many physical weaknesses. But he overcame his tendency toward illness through vigorous exercise and an outdoor life. He kept himself in top condition and commanded the famous Rough.

**Riders in the Spanish American War.**

One of President Roosevelt's DD-Indentation number 105\_7\_003 (Life Issues) was narrow and thin indicating less vitality, less robustness and greater liability to various health problems. This DD-Indentation does not necessarily indicate that they are delicate or sickly; you resist major diseases as well as most people, but often suffer from colds and other minor ailments. Relates to people who have more nerve or will power.

If you have a thin DD-Indentation 105 (Life issues), follow President Roosevelt's example. Exercise regularly. Watch your diet. Follow the advice of your physician. Make the most of life. Today is a gift. That is why it's called the present.

**Albert Einstein**

One of his DD-Indentation number 100\_03\_021+03) (Head Issues) was quite lengthy but separated and started later in life with DD-Indentation 095 (Heart Issues) starting from the first finger. This pattern occurs in people who have the perseverance to continue studying and working on a problem till they have

Updated Feb. 25th, 2023



elucidated something previously unknown. Scholars, doctors and university professors manifest it often.

**Life Itself**

I always say, “If you don't like life, change it. If you cannot change it, change the way you think about it and it will eventually happen.” Will power can be stronger than reason. Also, “If one doesn't take care of their future, how can the future take care of them or you?” A wise person once said, “the least of things with meaning is worth more than the greatest of things without meaning.”

**Gerald Picard, Author.**

Once accomplished the extracted DD-Indentation numbers are then scanned into a computer data-base whereby it generates a report controlling of an infinite number of variations that will affect some of the main DD-Indentation themselves into different interpretations.

It is also ergonomically efficient, highly accurate (93%) and designed to replace the yearly physical performed by medical professionals. Therefore, it's a standard platform, able to examine any hand & wrist no matter how complex they may be in three easy steps for personal and professional uses including research. It is important to make the distinction that Medical Epigenology is a 21st century “Hand & Wrist Assessment Tool” allowing Epigenologist Practitioners to be trained to identify and test a multitude of unique DD-Indentation after years of experiences. Able to examine any hand & wrist no matter how complex they may be. Hence Medical Epigenology exams is another effective way of avoiding bad health issues, influences and career related pitfalls and also in selecting the correct gender for a healthy relationship etc and more. Being aware of our potential, coupled with knowledge of what could happen, can make the difference in whether we choose to take a positive or negative direction in life as well. Medical Epigenology is the key to making wise choices for a happier and more successful life.

**The Science and Philosophy of Epigenology Medical**

The science of Medical Epigenology is based on several keen features of scientific research. Everything

File ID: EM\_Manual Chptr-2 Pg 057-072 Forward.pdf

from genetics, Epigenetics, neurology, social science and psychology, to name a few research data. All adds to Epigenology Medical's credibility in one way or another.

**Early Puberty** – Why do girls raised in fatherless households experience puberty earlier than others? And, why is it that when women live together their monthly cycle interrupts itself to follow the strongest women? It could be the change in timing is the reaction of a still mysterious set of Epigenetics altered by our Guardian's or other environment lifestyles?. Scientists really don't know how many sets of Epigenetic HOX genes act this way but may know very soon.

**Divorce** – Why is it that fraternal twins become divorced 30% of the time by both parties? “If the twins are identical, the divorce boosts the odds to 45%.”

**Crime Families** – Epigenetic HOX genes may influence the way people respond to a crimogenic environment. “How else to explain why the biological children of criminal parents are more likely than their adopted children to break the law?” Is our environments, not parental genes, key to our acts? A scientist in England (Craig Venter) mapped and then published the genome system on February 11th. 2001. They discovered gene sequence are composed of a string of three billion letters in a four-letter alphabet that actually builds the recipe for building and running a human body. It revealed there were only 30,000 genes in the human body, not the 100,000 many scientists estimated was needed for nature to form the human essence. Since this new discovery scientists are now in favor of a nurturing effect that shapes our human essence as we mature and age. Also, there is no such thing as a bad gene.

**NATURE vs. NURTURE** argument – can it be left behind, or are we doomed to reinvent it every generation? It could be in our nature to seek simple, linear, cause-and-effect stories and not allowing us to think in complex terms that which becomes our own downfall. Maybe the idea of nature via nurture, like apples and oranges and theoretical mathematics, is just too counterintuitive for human intelligence.

Since the 1980s the geneticists discovered a small group of genes called the HOX genes actually tell the body, during its early development, where to roughly put your head, legs, arms, hands and so on. HOX genes, like all genes, can be switched on and off



at different times in different parts of the body. In this way, genes can have subtly different effects, depending on where, when and how they are switched on or off. The switches that control this process-stretches of DNA upstream of genes-are known as promoters. In the 1990s scientists have discovered that a molecule are attached to each gene individually. If so then it could be the molecule that is another communicator to the genes themselves telling the gene what to do or say where to roughly grow body part parts but to continue to alter them as well as we age. Because of the size and numbers of the molecules in our body. I would have to guess that a harsh environment maybe strong enough to influence them continuing to evolve our genes and body features as we age.

Scientists also discovered there is no need for the body to invent new genes, just as there's no need to invent new words to write a novel. All that has to happen is to switch the same ones on and off in different patterns over time. Suddenly, a mechanism exists for creating large and small evolutionary changes from small genetic differences. It can now be understood that nurturing and our environment has the effect to alter the expression of a gene simply by adjusting the sequences of a promoter or adding a new one as we age via a molecule attached to every gene. Activated by some sort of electrical-chemical surge traveling through our nervous system such as physical or psychological traumas in one format or another.

### Understanding DNA in relation to Molecules and Atoms

A molecule is one of the smallest basic units of matter which a substance can still maintain its original chemical identity. For Example water can be divided into molecule fragments or atoms. The chemical elements of water is hydrogen and oxygen.

Individual atoms held together in certain arrangements can form a molecule. the size and number of atoms determines a molecule's size and shape. E.G.: A water molecule has three atoms called a triatomic molecule. Nitric oxide (NO) has two atoms called a diatomic molecule. A large DNA molecule contains millions of atoms linked together through strong attractive forces called a, "bond." A molecule shape depends on two factors. The strength of the bond relative to one another and those that don't bond at all and move apart. For example, an ammonia is

tetrahedron (a pyramid with four faces) shape molecule composed of three hydrogen atoms attached to one nitrogen. And a normal butane is a zig-zag chain shape molecule composed of four carbon atoms attached to ten hydrogen. Therefore, large protein molecules can form long spiral chains

### The Environment, Memory and Heredity

Scientists had hinted at the importance of this kind of interplay. We understand that the brain changes but how does it change? By what is identified as the real-time expression of 17 genes, called the CREB genes. They must be switched on and off to alter connections among nerve cells in the brain and thus lay down a new long-term memory that is displayed by certain variations of body features mostly displayed in the hands. These genes are at the mercy of our behavior influence by events in our environment (nurturing) and influential living events, not the other way around. We do not inherit memories as it is already in the genes. Scientist have recently discovered a molecule is attached to each gene which could be the communicator to all genes everywhere.

### Experimental proof DNA molecules alters our genes

All humans have a single molecule attached to each gene in our body such as HOX genes and others that communicates on what, how and where a particular gene is supposed to grow body parts and other genetic features. A scientific experiment that discovered this molecule was aired on the Daily Planet show, discovery channel.

A genetic scientist took a small square patch of skin, the first layer and transplanted it on an area of his wife's forearm having no hair follicles at all in the skin itself, all layers. It is the second layer of skin that contains hair follicles growing hair as directed by our genes on certain body parts. After six weeks the small patch of transplanted skin started to grow hair as if it was on the scalp. The area around the transplanted skin had no hair at all. This is what the scientist discovered. The molecule attached to the gene in the first layer of the skin told the gene on the second layer to grow hair follicles, but only under the skin that came from the scalp in the first place.

Therefore, the molecules, of the 1st skin, had

Epigenologist Registration No. \_\_\_\_\_

Epigenologist License No. \_\_\_\_\_

Updated Feb. 25th, 2023



to some-how communicate with the molecules or genes of the second layer and tell it to grow hair follicles. But they could only affect the skin layer below the transplanted first skin from the scalp, nowhere else. This experiment also signifies that molecules can communicate with other genetic body features directly, via physical contact and/or by electro-chemical means from our brains. For example this experiment suggests a signal from the 1st layer travelled to the brain telling it to send a signal to the 2nd layer to grow hair follicles only in the transplanted skin area because it belongs to the scalp.

The experiment also suggests these molecules are small and numerous enough to be affected by other messages from our brains as a result of our environment causing our genes to evolve further in order to alter our body features to adapt to the environment. How the molecules communicate to others genes still remains a mystery. This experiment definitely closes the gap on how our genes continue to alter our features especially the hand as a result of our environment right up until old age. Handology™ interprets these Symptomatic, genetic and Epigenomic features giving us the edge needed to control parts of our lives before these changes become permanent.

### Can Human Behavior Be Explained?

Yes! Language does not spring fully from the brain; it must be learned from other language-speaking beings. Genes in the human brain open and close at a critical time of human development during which learning takes place. Anthony Monaco and his colleagues at the Wellcome Trust Centre have recently discovered the FoxP2 on human chromosome 7 for Human Genetics in Oxford. Anthony Monaco said, "Just having this gene is not enough. If a child is not exposed to a lot of spoken language during this critical learning period, he or she will always struggle with speech."

What about love? As quoted in an article, "Along with human beings some species of rodents like the prairie vole, form long pair bonds with their mates. The montane vole, have only transitory liaisons, as do chimpanzees." The difference, according to Tom Insel and Larry Young at Emory University in Atlanta, lies in the promoter upstream of the oxytocin and vasopressin-receptor genes. The insertion of an extra chunk of DNA text, usually about 460 letters long, into the promoter makes the animal more likely to bond with its mate. The extra text does not create

love, but perhaps it creates the possibility of falling in love after the right experience.

**Antisocial behaviour?** Psychology professor Avshalom Caspi of the University of Wisconsin-Madison delved into the "Longitudinal Dunedin Multi-disciplinary Health and Development database" in New Zealand and studied data on 442 subjects. A representative explained, "The team looked at both the MAO A genotype in all participants and also periodically assessed the subjects' history of abuse and criminal convictions, their penchant for violence and any symptoms of antisocial personality disorder. Antisocial behaviour includes persistent fighting, bullying, lying, stealing and disobeying the rules during adolescence. As adults, the subjects show no remorse and act impulsively and aggressively."

What the researchers found was astounding. They finally understood that only 12 per cent of the abused children had low MAO A levels but accounted for almost half of their generation's convictions for violent crimes. "The combination of maltreatment and the genetic variation magnified the odds nine times," said the representative, adding that the opposite appeared equally true and that a surplus of MAO A may protect them against the effects of abuse: "The genotype of high MAO A activity may promote trauma resistance." The representative explained that their research must not be misapplied: "Low levels of the enzyme (MAO A) did not predict antisocial outcomes. Its relation to aggression only emerged when we considered whether the children had been maltreated." There is one aspect of research that is clear. Violence breeds violence is now a scientific fact along with easily influenced gene molecules.

People with high-active monoamine oxidase "A" genes were virtually immune to the effects of mistreatment. Others with low-active genes were much more antisocial if maltreated, yet if anything slightly less antisocial if not maltreated. The low-active, mistreated men were responsible for four times their share of rapes, robberies and assaults. In other words, maltreatment is not enough; you must also have the low-active gene. And it is not enough to have the low-active gene; you must also be maltreated. Again, the difference lies in the molecule communicating with the promoter gene altering the activity and/or body features including the nervous

File ID: EM\_Manual Chptr-2 Pg 057-072 Forward.pdf

Epigenologist Registration No. \_\_\_\_\_

Epigenologist License No. \_\_\_\_\_



system.

"Homosexuality and gay men are more likely than either lesbians or heterosexual men to have older brothers (but not older sisters)," says Ray Blanchard as discovered at the University of Toronto. He later confirmed this observation in 14 samples from many other places. His response, "Something about occupying a womb that has held other boys occasionally resulting in reduced birth weight, a larger placenta and a greater probability of homosexuality." That something, Blanchard explains, "is an immune reaction in the mother, primed by the first male fetus, which grows stronger with each male pregnancy. Perhaps the immune response affects the expression of key genes during brain development in a way that boosts a boy's attraction to his own sex." "I don't believe this explanation would hold true for all gay men, but it might provide important clues into the origins of both homosexuality and heterosexuality,"

With the scientific evidence we have to date. Could it be the neutering effect, strong female environment, culture and other social factors determine our sexual identity? **Medical Epigenology** is beginning to understand that homosexuality or lesbianism is a neutering mental illness and not a natural phenomena once thought.

### A Developing Child's Hands

At the time of conception a child's inherited genes continues to evolve in the mother's womb and afterwards as a child based on the environment our parent or guardians created for us and continues into old age as a result of our own lifestyles. Human behaviour takes a certain time and occurs in a certain order, just as the cooking of a perfect soufflé requires not just the right ingredients but also the right amount of cooking and the right order of events. With this new understanding genes are not the puppet masters, blueprints, nor the carriers of heredity we have always understood. They are active throughout life switching one another on and off in response to certain influential living events, and viruses etc. However, the possibility still remains that genes can dismantle and rebuild what they have already made in early years of life not so much the latter.

With this in hand, it becomes very apparent that a nurturing effect from two parents or guardians of opposite genders plays a very large role in developing a normal healthy child. If the environment is unbalanced or unusual mental behaviour may result and could be permanent. Because a child's adult personality is fully

developed in the first five years of life. Also it is not wise to analyze a child's hand before, during and immediately after puberty because bodies hormones continues to interfere with genetic growth. When a child becomes an adult similarities can still be identified when comparing the hands of a child and birth parents.

### How the hands & wrists records life

A large part of the cerebral cortex, which controls movement and emotions, is responsible for governing the permanent and changing genetic features of the hand, such as long fingers, thumb and Palmar creases, etc. One-third of the entire motor area of the cerebral cortex alone is devoted to using the hand the way we do. Of this area, the region responsible for the motion of the thumb is the largest. It seems scientists are slowly proving that the influenced brain, as a result of our environment, sends electrical-chemical signals to the communicating molecule attached to each gene to evolve itself further becoming permanent within our life-span. Maybe because the body is simply trying to survive its unique species and the reason why some of us are genetically repulsive with each other.

The **DD-Indentations** actually do change, displaying those things that have strongly influenced the conscious or subconscious mind as a direct result of our environment, natural or otherwise. This alters the **DD-Indentations** in many ways, for example, if you are not interested in a career of any kind, or in between jobs, the 120 Career Issues events will not exist or will display a break in the 120 **DD-Indentation** itself.

A doctor can look at your tongue and tell that you have liver problems. The liver and tongue are not connected through the alimentary canal but the tongue reflects the liver. Heart disorders can be diagnosed through fingernails and skin colour. **DD-Indentations** works in much the same way with other **DD-Indentations** of the hands & wrists. For example, by identifying the characteristics of the two phalanges of the thumb will show if a person is lacking in willpower or reason. The brain is directly connected to the thumb and willpower and reason are mental qualities. The German philosopher Immanuel Kant tersely called the hands an externalized brain.

Updated Feb. 25th, 2023

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_



### How DD-Indentations form

Skin is not an impermeable barrier. The mechanical structure of the outermost layer of the skin (the stratum corneum) is able to select and transport vital materials such as water while protecting itself from harmful foreign materials. The stratum corneum's "keratinocytes" can be thought of as bricks and the "lipid-bilayers" - an excitable, soluble, flexible compound that holds it together - as the mortar. The lipid-bilayers repel water and block water-soluble compounds. It's as though the mortar is sensitive enough to be greatly affected by the nerve endings in our hands as a direct result of the nerve's DNA molecule (the communicator) being stimulated via electrical-chemical energy from our emotional brain.

What may happen is this: because the stratum corneum runs in both directions, the nerve ending excite the tiny bubbles in the mortar, causing them to expand and contract for a short period of time. This may force the bricks to create creases until the next emotional bolt of energy causing them to line up in different directions. It seems a molecule attached to HOX genes (promoters) affects the hands sooner or more often than any other part of the body, especially the lipid-bilayers of the skin causing the stratum corneum's "keratinocytes" to form Dermatoglyphics Grooves in an orderly direction. The mortar becomes weaker as we age and creases remain or disappear based on the metabolic deterioration of our skin and our environment over all.

Scientist may now have proof emotional behavioral patterns (lifestyle), attitudes and traumas, etc. can easily affect the molecules in our genes (the communicator) evolving genetic features including nerve endings. Why the hand & wrists? Because we utilize our hand as a tool (The End Effector) that is directly wired to the brain. As such we subconsciously use our hands without much thought. And the thumb takes up 60% of the grey matter of our brain itself because of its function opposing the 4 fingers.

Also, when life is not lived actively, such as when a person is bed-ridden **DD-Indentations** will disappear as a direct result. The most startling evidence was discovered when studying victims of paresis, a disease that causes a softening of the brain. When the brain becomes soft certain creases will fade and disappear in the same proportion as

the mind is destroyed. These scientific findings, without a doubt, show that the operation of the hands occupies and records a large portion of the brain's psyche Epigenetics can easily identified and interpreted in three easy steps.

**Gerald E. Picard, author of Handology & MH&W Assessments**

### Epigenology Medical Testimonials (True Stories)

#### They got five more years

They were a very loving and healthy family but the husband's hand projected a fatal illnesses. However he didn't take this seriously because he had never been ill a day in his life.

Eight years later his wife called and said her husband was in hospital after a heart attack.

She asked for another analysis. Unfortunately, it showed there was nothing more that could be done for him. She asked for advice and I said to sell everything and move to a dry climate, which might extend his life for another few years.

#### Financial affairs put in order despite illness

She had been disabled with severe arthritis since the age of 11 and a less-than-robust constitution had convinced her she was unlikely to live beyond the age of 32. She was then 25 .

Analysis of her hand confirmed she would live beyond 32. The DD-Indentation 105 (Life Issues) had an island from about the age of 11 to 40.

However another analysis five years later indicated kidney failure, heart problems and severe hallucinations just after 32.

My advice. take out life insurance as soon as possible because it would be impossible to get later.

Three months after getting insurance, her immune system shut down and she was in critical care for four months

Fortunately, she recovered - and has the peace of mind of having a life insurance policy that would never have come about without **Epigenology Medical**.

File ID: EM\_Manual Chptr-2 Pg 057-072 Forward.pdf

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_



**A skeptic becomes a believer**

He was skeptical but open-minded. His hand showed that he owned a successful business and worked very hard to maintain it but he had lost a lot of money due to a messy divorce and was just coming to grips with his financial problems. His DD-Indentation 095 (Heart Issues) indicated he had been traumatized because of mistrust with the opposite sex.

He explained he had caught his wife having an affair and she had taken him to the cleaner~

However, there was good news and he became very excited. His hand was projecting a new romance and another success~I business venture.

**The power of two people in love**

They had been deeply in love for more than 20 years. They were so aware of each other, and were living such similar lives, that their hands were remarkably similar When analyzing the husband's hands, it seemed I was analyzing the wife!

They had their own character traits but their hands were now approximately 15 per cent similar which, according to my research, was much higher than the average married couple.

Ten years later their hands were showing even more similarities. True love? Definitely.

**A good friend turns violent**

Do people really know their friends, even when they have known them for many years?

They were the best of friends, both single parents facing the challenge of raising kids alone, and had just decided to live together to share expenses.

One friend's hands showed an abusive and violent person but the other was not worried, saying she had known her for more than 10 years and never saw any sign of a violent nature.

Later, I met her by chance and she had a black eye. Her explanation Her friend was abusive and violent

and she should have taken notice of what Medical Epigenology had revealed.

**Keeping a divorce from getting messy**

He was considering a divorce but wondered if he had the strength to handle it in such a way that no one would be hurt, or at least avoid having it turn into a bitter fight?

Analysis showed he was simply incompatible with his partner and that this incompatibility was no reflection on his character. In fact, his future was strong and bright.

His past and present lifestyle showed he never let things that happened in the past determine his actions in the future and that his character was strong enough to handle the divorce It also showed that one day he would find the right person.

Epigenology Medical does not guarantee the future. It projects the future based on a person's past and present lifestyle. This projection may be disrupted by accidents, the influence of family and friends, or by the person's unwillingness or inability to control ~e outcome. Handology gives you information. It's up to you to use

**He found the perfect wife**

He had been married before and was concerned that this time around there would be no mistake in his choice of partner.

Each woman he met was analyzed and her personality and character compared with his to determine compatibility.

They knew the purpose of the analysis and gave their consent, understanding that if they were not compatible there was little point in continuing to date.

He learned that several women he thought would make him a good wife were not compatible, but eventually he found one that would be.

They were married and continue to live happily together.

Interestingly, he's far from perfect but, because she

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_

Updated Feb. 25th, 2023



is perfect they are compatible.

Two friends discover fun can have a serious side

Two good friends, who had just moved in together to share costs, thought Handology™ would be fun and agreed that each would see the other's analysis.

It was fun, but there was also a serious side. One of them had a history of embezzlement, which was identified in the analysis.

She refused to pass the analysis to her friend, which caused an argument.

The argument continued for several days and eventually the two friends went their separate ways.

Though the friend with a criminal past had protested, "This isn't me!" her mother later confided that the analysis was correct.

**He regained his lost happiness**

An aggressive nature and a strong sex drive was an explosive mix for a man who could not control his anger when things went wrong.

He had worked hard to start and develop his own business, but it died. And his many secret relationships came to a stormy end because he could not accept things that were beyond his control.

He subsequently had many jobs and great unhappiness in his life.

Analysis helped him control his anger and regain control of his life by recalling that his early life had been good and that he could be happy again if he curbed his aggressive nature.

A difficult choice between career and relationship she was a successful model with a promising future but faced a dilemma.

She wanted a permanent relationship but doubted it could stand the strains of her absences for long periods of time.

The analysis showed she would have a wonderful career. And that the relationship she was considering would suffer.

Her decision: avoid a permanent relationship and continue on with her career. And hope she would meet someone with the same lifestyle who could accept the demands of her career.

File ID: EM\_Manual Chptr-2 Pg 057-072 Forward.pdf

Epigenologist Registration No. \_\_\_\_\_  
Epigenologist License No. \_\_\_\_\_

**Analysis confirms intuitive relationship**

When this couple met, they knew they were meant for each other Both had invested a lot of time, energy and money in building their careers and both had been in relationships that could not withstand the demands of their busy lives.

When they met, late in life, they knew intuitively they could be happy together and, because both had careers, there would be no problems.

But, to be on the safe side, they analyzed their hands. The results were good and they have been happy living together for several years.

What was remarkable was how readily they understood their analysis and how quickly they were able to relate it to themselves.

**Another powerful demo.**

List of executed talk shows performed live by Author Gerald E. Picard. Flash WIRE NEWS worldwide release International Radio station wire. Elain Komuso (619) 220-7191 from 2000 to Jan 2004

**Magazines and Newspapers**

Edmonton Cassette; Toronto Star etc. all across Canada & US ; National Examiner USA;

Inter-national Focus magazine in USA, Germany and India (Weekly); Robert Pitsceneder (916) 498-9101.; India - in most provinces libraries

**TV Stations**

Breakfast TV - Toronto, Ont. Appeared twice; AM Buffalo show, Channel 7 - Syndicated; Appeared 3 times by popular demand Buffalo New York-USA

**Radio Stations CANADA**

CFPL 98.0 AM Peter Garland Show Canada London, Ontario; Derek Cummings; (519) 438-8391; Twice by popular demand - QR77 Calgary Canada; Bruce Kenyon; (403) 218-3541

**Radio Stations USA**

Phoenix Arizona-USA - KTAR radio talk show; Battlefield Mich-USA - Tim Collins show

**Los Angelus, U.S.**

Joyce radio talk show live in Dallas Texas, USA KYNG 105.3 radio Station-affiliate of CBS radio;



Russ Martin show; Ph: 972-716-7849; Fax: 972-716-7835;

### **USA Pittsburgh Penn.**

KDK? Morning show; Mirna Rush; (412) 575-3261

### **USA Syndicated out of Cincinnati WLW**

The Gary Burbank -Syndicated; City. USA Syndicated out of Cincinnati; John Davies; (513) 852-1792

### **Oklahoma, USA**

Kari Evens Radio talk show; 1-405-848-0100 ext-240

### **KPNT 105.7 Morning show USA St .Louis;**

Trish Gapall (314) 259-5714  
Ft Lauderdale, Miami, Next live Interview; ddavis@wmxj.com

### **Detroit, Mi-USA**

WJR Radio talk show line; And the Wrist - Syndicated' Ph: 248-414-5608; Mark Stahl

### **Radio Stations INTERNATIONAL**

Cape Town South Africa

Cape Talk show; Lance Clough; lance@capetalk.co.za

### **92.9 - Birth Australian:**

CLINT DRIEBERG - Breakfast Producer;283 Rokeby Road, SUBIACO WA 6008; Email: clint.driberg@austereo.com.au ; Direct: 011-61-8-9-382-0-175ß; Fax: 08 9382 0025, Mobile: 0407 99 20 55; Zara, Troy & Bernie in the Morning; “Perth’s Most Outstanding Breakfast Radio Show” As voted at The Australian Comedy Awards

Aired Feb 9th @ 7:40 - syndicated; WTKW radio station in Syracuse, NY  
“Gomez and Dave” morning show. Feb. 9th 2004 @ 7:30; ph-315-472-9111

### **Irish Radio Interview Request;**

Dublin, Ireland call sign=SPIN 1038; Aired June 28th/04 @9:30 EST; amien O’Meara Producer SPIN1038; 73 North Wall Quay; Dublin 1 - (P) +353-1-8772116; (F) +353-1-8550711.



### **Global Database**



Updated Feb. 25th, 2023